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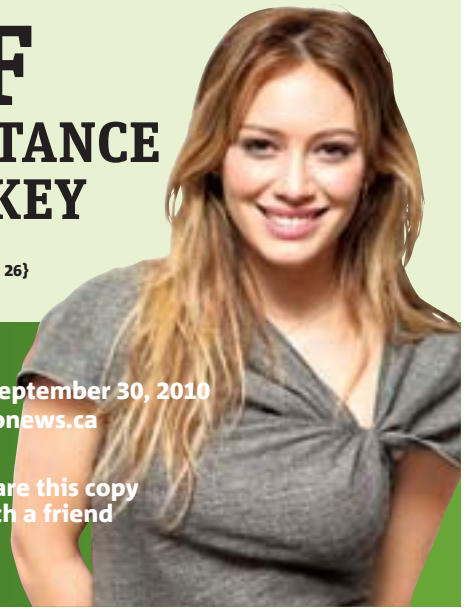
NEIL YOUNG GETS EXPERIMENTAL
LANOIS ON DECK FOR NEW ALBUM {page 18}

DUFF GOES DISTANCE FOR HOCKEY HUBBY {page 26}



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Oilsands. Visitor

▶ Hollywood director James Cameron speaks to reporters yesterday about his two-day trip to visit Fort McMurray and Alberta's oilsands industry.

JOHN ULAN/THE CANADIAN PRESS

Cameron speaks after tour

The Hollywood mogul met with Premier Ed Stelmach yesterday for a private discussion and summarized the oilsands as both a gift and a curse. Story, page 3.

European terror plot uncovered

Officials respond to threat of Mumbai-style shootings {page 13}

Taking it back to the 1970s

Milan fashion trend-spotting goes retro {page 28}

Top cop defends shooting

Man was treated for two gunshot wounds and released from hospital Police are still searching for a possible second vehicle

KRISTA SYLVESTER
@METRONEWS.CA

Calgary's top cop is defending the actions of a three-year police officer after a man was shot twice following an apparent robbery.

The man was brought to hospital in stable condition after he was struck by two bullets early yesterday morning. Police had followed the suspect into the Bridgeland area.

Police say the man was still in his vehicle when officers surrounded him and it appeared as though he was aiming the car at the officers. Police Chief Rick Hanson said while the Alberta Serious Incident Response Team (ASIRT) has taken over the investigation, it appeared the officer's actions were justified.

"I think not only did the officer but the (911 operator) did exceptional jobs," Hanson said.

"I have no doubt … the officer acted appropriately given the circumstances."

Timeline

- 911 call for help came in at 3:25 a.m., and the dispatcher could hear an apparent robbery in progress.
- Police arrived on scene in Marlborough and found a white Honda and dark car speeding away.
- HAWCS followed the white car to an area near Memorial Drive and Edmonton Trail.
- Two shots were fired and the suspect was struck in the car.

Hanson said the man is "very well-known" to police and investigators believe the man is linked to an earlier call about a robbery in the city's northeast.

Neighbour David Smythe said he woke after 3 a.m. to find police surrounding a white car.

"I heard some commotion and bangs, but just figured the police were doing their job," he said.

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AMVIC LICENSED

Candidates fire at front-runner McIver

While in front of a room of hundreds at MacEwan Hall last night, candidates continued to throw jabs at one another, and Ric McIver seemed to take the brunt of the blows.

When asked about what they would do to bring council together, Barb Higgins took aim at the supposed front-runner.

"You can't just say I'll get along with people when I become mayor," said Higgins.

McIver, however, soon fired back.

"It was good to hear mention of the blue building [city hall], particularly from someone I don't remember ever seeing there," he said.

After McIver finished answering a question about developer levies, Ald. Bob Hawkesworth responded: "If all your campaign money is coming from the development industry, on whose behalf will you be negotiating?"

It didn't stop there, with Craig Burrows comparing McIver to the guy who skips out on paying for lunch.

University of Calgary student and audience member Louis Poirier said he noticed the tension.

"I think that it's very clear that a lot of people at council have issues with Ric McIver," said Poirier.

"Apparently he's rubbed a lot of people the wrong way." KATIE TURNER

KATIE TURNER/FOR METRO CALGARY

▶ Craig Burrows responds to questions at last night's Civic Camp mayoral forum at the University of Calgary.

The whole world is watching: Cameron

▶ Director meets with Stelmach to discuss environment ▶ Calls oilsands a gift and a curse

ANDREAS MORSE
@METRONEWS.CA

GOVERNMENT OF ALBERTA PHOTO

▶ Premier Ed Stelmach meets with James Cameron in his office at the Legislature yesterday.

Fresh off a self-fact-finding mission of Alberta's oilsands, Canadian filmmaker James Cameron met with politicians and the media in Alberta's capital yesterday to get a balanced look at the oilsands and their affect on the environment.

"It will be a curse if it's not managed properly," he said. "It can also be a great gift to Canada and to Alberta if it is managed properly."

Cameron sat down with Premier Ed Stelmach for a candid, but private, discussion yesterday. Cameron said he and the premier agreed to disagree on a few points but Stelmach said it was important for him to meet with the director.

"The media's interest in Mr. Cameron's visit has allowed our government and industry to tell our story," Stelmach said. "Albertans know we share a responsibility to protect our planet. We're doing our part to move the world towards a clean energy future."

Now that the Avatar creator has had a first-hand look at Alberta's "black eye" he said the public has a responsibility to create boundaries for oil exploration.

"The world is looking at what you here in Alberta do," he said. "The decisions that are made here are really going to shape the energy policies of the future."

1 news

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Ward 4, meet your candidates

Metro spoke to the candidates running in Ward 4 to find out who they are, what they do, where they stand and why they feel they deserve your vote.

Brad Northcott

Business owner/ master plumber/gas fitter
Age: 47
No. 1 issue: "Local issues and yes to airport tunnel, without it the LRT will run up Nose Creek, destroying much of what's left of a wildlife corridor, far less impact thru tunnel."
Why run? "I grew up in Ward 4, raised my kids here. Now with all my kids grown it is time for me to give back to the community that helped raise us."

Carol Poon

Health care entrepreneur
Age: 50
No 1. issue: "Can be summarized as waste — wasting people's time by ineffective transportation modes, wasting people's money by not setting priorities ... and wasting people's energies when consultations done over several years are ignored."
Why run? "I am running because I am living my words that I said to my son: You can't just complain about things, you have to step up and do something about it."

Curtis Kruschel

IT professional
Age: 47
No. 1 issue: "There are three high level concerns for residents — tunnel, $60 million budget issue, and significant spending at the end of the previous council's regime."
Why run? "With the support of my company, I decided it was time."

Dwight Boehm

Manager, educator
Age: 54
No. 1 issue: "Getting government working for the people again and financial risk management."
Why run? "Basically because there were no candidates in the field that were really qualified to do what needs to be done at city hall to clean it up the mess."

Gael MacLeod

Senior executive, finance and non-profit
No. 1 issue: "Ward 4 residents tell me that transportation is their number one concern. We need to look for improved efficiencies and cost effective solutions that enable the smooth flow of traffic through our communities while supporting increasingly accessible public transit."
Why run? "Our communities and our city face many challenges. I want to use my leadership skills and financial management background to help guide city council towards solutions that work."

Jane Morgan

Owner, Cache-flo Synergy Inc.
Age: 47
No. 1 issue: "Restoring confidence with Calgarians."
Political experience: Past CFO and executive director with the Wildrose Alliance Party.
Why run? "Fiscal management of the city, community safety and a desire to give back to my community."

Jeff Haussecker

Architect
Age: 43
No. 1 issue: Urban development and infrastructure
Why run? "I am skilled at working with communities, stakeholders, consultants, design and technical teams."

Jon Wong

Marketing/business director
Age: 31
No. 1 issue: Community infrastructure.
Why run? "When I looked at the other candidates running, I saw a lack of real focus. I know firsthand what we have had in the past ... and what people have been telling me this ward truly needs."

Leslie Bedard

Teacher
Age: 35
No. 1 issue: "Clear and regular communication between city hall and Calgarians."
Why run? "I decided that we needed people on council who were coming from a more positive place."

Sean Chu

Police officer
Age: 47
No. 1 issue: Fiscal responsibility.
Why run? "I want to make a difference for Ward 4 by bringing common sense and common values back to city hall."

Tommy Low

Retired real estate broker
Age: 56
No. 1 issue: Accountability, responsibility and transparency.
Why run? "Calgary has been very good to me for the last 28 years ... and I want to give back."

COMPILED BY KATIE TURNER

Cops investigating day care assault

Calgary police confirmed last night they are investigating allegations of a sexual assault with a child at a city day home.

Officials say police were called to the Alberta Children's Hospital by staff around noon Wednesday and an investigation was launched immediately. No charges have been laid yet and police continue to investigate. Police will not release the name of the day home at this time but say Alberta Child and Youth Services are also investigating.

METRO CALGARY

News in brief

Encore screening

FILM FESTIVAL. If you missed the chance to see Roger's Pass, the award-nominated movie at the Calgary International Film Festival, there is an encore screening Saturday at the Eau Claire Market Cinema.

Paisley, food bank team up

CONCERT. Country music superstar Brad Paisley will be in town Oct 5., and in conjunction with the Calgary Food Bank, they will be collecting food at 5000 11 St. SE) for a chance to win tickets and a meet and greet pass. METRO CALGARY

Cell driving ban saves money: Data

Data collected by University of Calgary Faculty of Medicine researchers indicates that banning cellphones while driving would not only save lives but also save money. Researchers looked at the cost-effectiveness of implementing a complete cellphone ban in Alberta and believe it could save up to $6 million in reduced health care costs and an additional $30 million per year in cleaning up after crashes.

"It's an interesting policy issue," author of the study Dr. Alan Shiell said.

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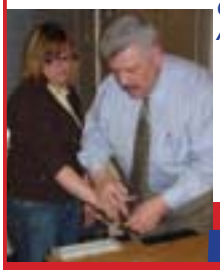

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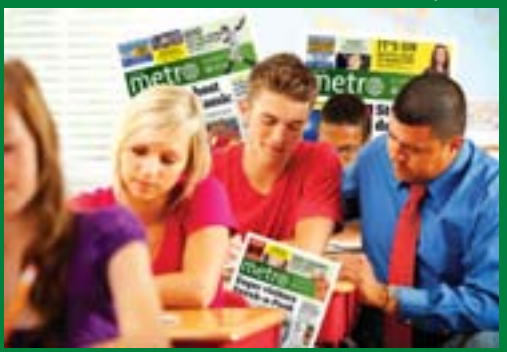

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HOME INVASIONS

Quartet of robberies keeping cops busy

Police are working day and night investigating four home invasion robberies that occurred within the span of 24 hours, according to officials.

Acting Insp. Grant Miller said in the first two incidents in Bankview, the wrong home was targeted.

"Once they were in the house they quickly realized it was the wrong one and went to the neighbours," Miller said.

Police are also investigating whether an invasion at a Macleod Trail motel and a home in Kincora later in the night were related.

"Nothing of significance was taken from any of the homes," Miller said.

KRISTA SYLVESTER

Arrest made in sex assault

Calgary police have arrested a man in connection with a sex assault in the city's downtown Tuesday.

Police say a woman was groped while walking along the 300 block of 9 Ave. SW.

Police have a man in custody pending charges.

METRO CALGARY

Residents seek source of noise

The Ranchlands Community Association gathered last night to discuss what noise is keeping them up at night.

Many residents keep hearing a "humming" noise that keeps them up at night, but the sound remains a mystery. They hope to find the source.

METRO CALGARY

Students in awe of 'controlled chaos'

KRISTA SYLVESTER/METRO CALGARY

▶ Calgary firefighters put out a demonstration fire yesterday in a parking lot at SAIT.

About 100 students attended demo Demo very popular in U.S.

KRISTA SYLVESTER
@METRONEWS.CA

It was controlled chaos.

Calgary fire crews burned down two fully-furnished demo houses at the SAIT campus yesterday, to demonstrate to post-secondary students how quickly fires can spread.

"We just want students to understand how quickly fires spread and how dangerous it is, especially for students who may be living in off-campus housing," said fire spokesperson Brian McAsey.

It was the first time the fire demonstration was conducted in Canada, and the Calgary fire department hopes to do it again.

Tammy Adacsi, who was severely injured in a 2009 apartment fire that killed three people, was on hand.

"I'm still healing, but I thought it would be good to come out and help in taking a proactive approach," she said. "It's a good idea to educate on the issue."

Tanis Reid, a first-year SAIT student, said the fire event was a good reminder.

"You don't realize how fast things catch fire. That could have been my bedroom," she said.

Fire facts

- Officials recommend checking fire alarms when changing clocks for daylight time.
- Home sprinklers can put fires out in less than 30 seconds, officials say.
- Once a fire hits 1,000 degrees, even firefighters can't enter the premises.

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News in brief

Drilling rights set record

OIL. Drilling rights sales in Alberta pushed through a 2005 record already in 2010, and there are still five sales yet to be held. Alberta Energy released figures yesterday showing $118 million in proceeds from the most recent lease sale, driving the 2010 value to $1.862 billion, compared with $1.827 billion in 2005.

METRO CALGARY

Man deported from Canada

CRIME. The Canada Border Services Agency deported a criminal with a long criminal history from Alberta on Monday to an undisclosed country. Oscar Scott Mendoza, 26, was ordered deported in Sept. 2009 but the removal was delayed due to outstanding criminal matters. Mendoza was sentenced to 42 months in jail for break and enter in 2006 and his crimes date back to 2002.

METRO CALGARY

Flames to be seen in 3D

NHL. Hockey fans will be able to view two NHL games in 3D this winter, one of which will be broadcast from Calgary. In addition to airing a match on Dec. 11, CBC will also broadcast the Heritage Classic between the Montreal Canadiens and the Flames in 3D on Feb. 20.

METRO CALGARY

Big jump in migrants

ALBERTA. More Canadians migrated to Alberta during the second quarter of the year, according to a Statistics Canada report released yesterday. Between April 1 and July 1, more than 2,500 Canadians flocked to Alberta, compared to the 312 people who moved in the first quarter of 2010.

METRO CALGARY

Bridge not bringing peace to the people

Peace Bridge was meant to be open by October but has been pushed back ◆ Approved in September 2008

KATIE TURNER
CALGARY@METRONEWS.CA

KATIE TURNER/FOR METRO CALGARY

▶ Construction workers have started putting the pieces in place on the Peace Bridge.

Installation of the Peace Bridge is now underway and it's expected to be complete early next year, according to one city spokesperson.

The metal components are in the process of being put in place, said Dave Danchuk of the city's transportation department.

"At this point, it's scheduled to be complete by January 2011," said Danchuk, adding that all 16 pieces of the bridge are set to arrive from Spain by the end of October.

With the structure now coming together, Calgarians are able to get an idea of what the finished product may look like, and many aren't pleased.

After surveying a half-dozen passers-by, there seemed to be a consensus.

"I live in the neighbourhood and I've seen a bunch of these phases," said Sunnyside resident Dave Napier.

"Personally, myself, I don't think much of it."

Paige Hollingsworth said she thinks the money could have been better spent.

"I think it's ugly," she said.

"It was a horrible idea."

Bicyclist Jim Rice said the bridge may have the potential to draw people downtown, however, "it's still not necessary."

Peace Bridge

- The bridge was designed by architect Santiago Calatrava.
- In total, the Peace Bridge will cost $25 million.
- The width of the bridge will be double that of other pedestrian bridges in the area, at 6.3 metres.
- According to the city, the structure is meant to have a life span of at least 75 years.

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NEWS

Hunt on for $12.5M winner

The search is on for the "rightful" owner or owners of a $12.5-million lottery ticket after police said yesterday a family has been charged with stealing the jackpot.

A father, his son and daughter all face charges after allegedly stealing a Super 7 ticket in Burlington, Ont., in 2003.

Ontario Lottery and Gaming said it has a system in place that may help find the real winner.

"We don't know the identity of the person who bought the ticket because, historically, lottery in Canada has been anonymous," said OLG chairman Paul Godfrey.

"But if someone can come in and tell us everything we already know about the ticket, down to the last detail, there's a good chance we're looking at the rightful owner."

THE CANADIAN PRESS

Anger in Europe flares over cuts

Anti-austerity protests erupted across Europe yesterday.

Greek doctors and rail employees walked off the job. Spanish workers shut down trains and buses.

And one man even blocked the Irish parliament with a cement truck to decry that country's bank bailouts.

THE ASSOCIATED PRESS

Tough times

- Protests are against the tax-hiking, pension-cutting austerity plans European governments have implemented to control debt.

Cancer called for radical treatment

STEVE LAMBERT/THE CANADIAN PRESS

▶ Janis Ollson, husband Daryl, son Leiland and daughter Braxtyn at their home in Balmoral, Man.

Twenty hours of surgery saved mom

Janis Ollson's cancer called for radical treatment: Surgeons cut her skeletal structure in half, removed a leg and part of her pelvis, and put her back together again.

Then she had to learn to get around with a wheelchair, crutches and prosthetics. All this while raising two small children.

Her world north of Winnipeg seemed perfect three years ago. At 28, she had a young daughter and was pregnant with a son.

But then doctors discovered a large cancerous tumour on her pelvic bone.

Surgery would involve removing the left half of Ollson's pelvis, her left leg and part of her backbone.

But putting her back together called for an experimental procedure called a "pogo stick" rebuild.

"Although it's a tragic situation so much positivity has come of it. I believe we have encouraged and inspired a lot of people"
JANIS OLLSON

With Ollson's pelvis completely severed from her spinal cord, part of the bone from her amputated leg would be reshaped and used to fuse her remaining leg to her upper body.

In all, Ollson underwent more than 20 hours of surgery in the United States.

She believes she has inspired a lot of people.

"I'm very content with the spot I am in in my life," she says.

THE CANADIAN PRESS

Mass texting banned as court verdict looms

- India fears bloody unrest over disputed holy site
- Security forces fan out, PM appeals for calm

India has imposed a countrywide ban on sending bulk text messages amid concerns that a potentially explosive court judgment on who should control a disputed holy site could spark unrest.

The Allahabad High Court was scheduled to rule today in the 60-year-old case on whether the site in the town of Ayodhya should be given to the Hindu community or returned to the Muslim community to rebuild the 16th-century Babri Mosque that was razed by Hindu fanatics in 1992.

Home Minister Palaniappan Chidambaram said yesterday the bulk texting ban was temporary but did not say how long it would remain in effect.

He said some people were found to be sending messages in an attempt to incite others.

The ban on bulk texting — sending messages to many cellphone users simultaneously — was first imposed last week, when the verdict was initially due to be given.

RAJANISH KAKADE/THE ASSOCIATED PRESS

▶ A pigeon, a symbol of peace, is released before the court verdict.

Hindus say the mosque, built in 1528 by the Mughal emperor Babur, was erected at the birthplace of Rama.

Hindus want to build a temple to Rama there.

The fight over the compound has shaken the core of modern India and led to repeated outbreaks of bloody communal violence.

Rioting after the razing of the mosque in 1992 killed 2,000.

Yesterday, thousands of security forces fanned out across a dozen north Indian cities and towns.

Authorities used helicopters to keep a vigil on historic sites of violence between Hindus and Muslims in the state of Uttar Pradesh, where Ayodhya is located, said Brij Lal, a top state police officer.

Prime Minister Manmohan Singh published an appeal for calm in ads in Indian newspapers yesterday.

"There should be no attempt whatsoever made by any section of the people to provoke any other section," he said.

THE ASSOCIATED PRESS

Military family. A child's delight

▶ Alexis McGregor can't contain her joy when U.S. Army Sgt. Jon McGregor, 27, surprises her at school.

RICK FOSTER/WINCHESTER STAR/THE ASSOCIATED PRESS

Hey, daddy's home!

Six-year-old Alexis McGregor didn't know her father was home on leave from Afghanistan for the first time since April. The first-grader didn't know a treat was in store for her during lunch time at her school in Winchester, Va. She soon found out — when daddy showed up.

Boy, 16, in court over B.C. gang rape

Police have laid the first charges in the sexual assault of a teenaged girl who investigators say was drugged and raped by several males while others watched and then posted pictures of the attack on Facebook.

A 16-year-old boy from Maple Ridge, B.C., made his first court appearance yesterday, charged with one count of producing child pornography and another of distributing it.

An 18-year-old man was arrested but not charged earlier this month in the rape — in Pitt Meadows, east of Vancouver.

THE CANADIAN PRESS

The victim

- The 16-year-old victim has returned to school and her family has said she is struggling to get her life back.

Lawyer wants conviction tossed

Former media mogul's conviction underpinned by notion he stole money, not by disputed law: Prosecution

A lawyer for Conrad Black has asked a U.S. federal appeals court in Chicago to toss out the former media mogul's conviction.

In a sometimes contentious hearing yesterday, attorney Miguel Estrada argued that, in convicting Black, jurors gave too much weight to a law that has since been deemed largely unconstitutional.

KIICHIRO SATO/THE ASSOCIATED PRESS

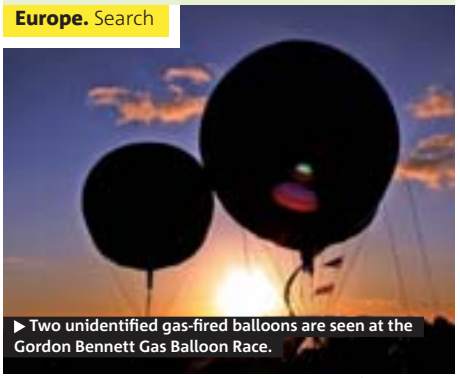
▶ Conrad Black

The U.S. Supreme Court curtailed so called "honest services" laws in June, so Estrada said judges should toss Black's conviction for defrauding Hollinger International Inc. investors.

Yesterday's hearing came two months after a judge released Black from prison pending a decision on his appeal.

THE ASSOCIATED PRESS

Europe. Search



▶ Two unidentified gas-fired balloons are seen at the Gordon Bennett Gas Balloon Race.

ROD MINCHIN/THE ASSOCIATED PRESS

Vanishing balloonists

The Italian coast guard is hunting for a pair of missing American balloonists, last detected piloting their craft over the Adriatic Sea in rough weather while competing in the Gordon Bennett Gas Balloon Race, officials said yesterday.

Charest asks for an apology

In a scathing letter to Maclean's magazine, Quebec Premier Jean Charest asks them to apologize to Quebecers for an article describing Quebec as corrupt, which he called a "twisted form of journalism and ignorance."

This week's cover of Maclean's calls Quebec "the most corrupt province in Canada," with an image showing the jolly Bonhomme Carnaval mascot clutching a briefcase overflowing with cash.

The premier says the article discredits the magazine. THE CANADIAN PRESS

ACTIVIST RETURNS

"I'M COMING TO GET YOU WITH MY ARGUMENTS, MR. KENNEY"

Armed with a judge's ruling, British activist George Galloway blasted Ottawa yesterday for his aborted Canadian visit 18 months ago as he announced plans to speak in Toronto this weekend.

Speaking from London, the rabble-rousing politician attacked Immigration Minister Jason Kenney for branding him a terrorist and trying to stifle his anti-war views.

Galloway was scheduled to speak in Canada in March 2009, but decided against coming after Ottawa said he would likely be denied entry.

The government cited his dealing with Gaza's elected Hamas government, which Canada considers a terrorist organization.

On Monday, a Federal Court judge found the government had acted politically to suppress his opinions.

THE CANADIAN PRESS

Plot targets Europe

Eiffel Tower evacuated as a precaution • Terror arrest in Spain • Search continues for al-Qaida operatives in Pakistan

European security officials said yesterday a terror plot to wage Mumbai-style shooting sprees in Britain, France and Germany is still active and that sites in Pakistan — where the threat was intercepted two weeks ago — are being scoured for al-Qaida operatives.

The plot was still in its early stages and not considered serious enough to raise the current terror threat level, officials said. Still, the Eiffel Tower in Paris was briefly evacuated Tuesday because of an unspecified threat, and police were on alert in Britain and France.

"This plot was in its embryonic stages," a British government official who spoke on condition of anonymity because of the sensitivity of his work told The Associated Press yesterday.

"This one has preoccupied us more than others in the past few weeks — and it is still active — but it has not raised enough alarms to change our security threat level."

THE ASSOCIATED PRESS

ASSOCIATED PRESS/SANG TAN, FILE

▶ In 2005, co-ordinated terrorist attacks on the London transit system — including this double-decker bus — killed 52.

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Confidence falling

Canada's continuing economic drift is sapping faith in the recovery.

The Conference Board of Canada's consumer confidence index fell for the fourth straight month in September, falling by 1.2 points to bring the index to 78.1.

That's 18.5 points below where it stood in January, in the midst of a robust economic recovery and strong jobs growth.

But since the spring, the recovery has been losing steam with growth rates near two per cent annualized, compared with 5.8 per cent in the first three months of 2010, and 4.9 per cent at the end of 2009.

Thursday's report on July gross domestic product is expected to show the first outright decline since last August. THE CANADIAN PRESS

Vehicle sales bounce back

Canadian purchases of new and used vehicles are on track to set a record this year, indicating a sharp rebound from the dismal sales of 2009, according to the latest global auto report by Scotia Economics.

4.3M The current record for car and light truck sales is 4.3 million, set in 2007.

The bank said yesterday it expected overall vehicle sales in Canada this year to edge out the current record, set three years ago before the recession.

If the rebound continues, it could drive car and light truck sales to a record 4.4 million units. THE CANADIAN PRESS

RIM looks to carry smartphone Torch

- Official defends new BlackBerry
- Device's tech specs lacking: Critics

There was a lot of advance hype for the BlackBerry Torch before its specs were first released in August.

Then there was disappointment.

Yes, Research In Motion seemed to have combined the best of both worlds for smartphone users, by marrying a cool touchscreen interface with the user-friendly QWERTY keyboard and security infrastructure the Canadian company is known for.

But tech geeks lamented that the internal gadgetry inside the Torch didn't surpass — or even match — the specs of some of the competitors already on the market, namely the iPhone 4.

The Torch is now being released in Canada starting today, about seven weeks after its U.S. launch, and BlackBerry's director of marketing admits it doesn't out-tech the competition. But the Waterloo, Ont.-based company doesn't see that as a problem,

RIM is crafting its marketing campaign to suggest the Torch will be the phone of choice for cool tastemakers. THE CANADIAN PRESS

"The fact that it's not the iPhone is perhaps not a killer weakness. In some markets it may even be an advantage."
DUNCAN STEWART, DELOITTE'S DIRECTOR OF RESEARCH FOR TECHNOLOGY, MEDIA AND TELECOMMUNICATIONS

RICHARD DREW/THE CANADIAN PRESS

▶ The BlackBerry Torch is displayed during a product introduction in August.

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Market moment

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RUNNING CAN OFFER NEW INSPIRATION

He says ...

JOHN MAZEROLLE

I'm training to run a half-marathon in October and it's changed my life. The magazines tell me so in their colour-filled, glossy pages.

My heart rate is improved. My self-esteem and confidence are at a new high. Coffee tastes better, people smile at me on the street, and I'm no longer racist. My parallel parking has improved, I can use a urinal even with other people around, and I've just about cured cancer.

And happy?! People in running mags are so happy, just like me. They always have great teeth they show off as they run, keeping them white and clean through constant wind exposure.

It's because these people have taken control of their lives.

That's what the mags say. Taking control is always stated as an intrinsic positive, even though deciding to eat Big Macs every day or committing to a daily regime of smack would qualify as taking control, too.

As you have perhaps surmised, I'm a little less gung-ho than your average running mag model, the sort who treat running as a full-fledged religion complete with conversion and redemption. *Join us.*

I enjoy running, but I'm not that far gone, partially because I'm not very good. I have *never* smiled when running — the look on my face ranges from passing a gallstone to passing out to passing on.

"I enjoy running, but I'm not that far gone, partially because I'm not very good. I have *never* smiled when running ..."

Running is supposed to offer a sort of endorphin-fuelled pain relief, but I mostly find that my lazy pains have shifted into new locations for active-people pain, kind of like a cartoon character who throws a hot potato between his left hand and his right hand.

I'm also about as light on my feet as those AT-AT walkers from The Empire Strikes Back. If you were just listening to my footfalls you'd swear I was wearing flippers.

No, I take different lessons from running than, "Things are super now!"

Here's my inspirational running story: I run. I don't really go anywhere, I end up back where I started, but I'm happy to have gone. Pointless, yes, but better than just sitting there, right?

If I can't find the symbolism in that my Grade 10 English teacher would be very upset with me.

It's better for me to do almost anything than lie stagnant on my couch. Unless The Empire Strikes Back is on. That's different. It changed my life.

Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon

MICHAEL DE ADDER

Room service in space

Worth mentioning

The view is out of this world

GETTY IMAGES

A Russian firm yesterday announced an ambitious bid to fill the vacuum in the space tourism market by stationing an orbiting hotel in the cosmos.

The Moscow-based Orbital Technologies has sky-high hopes that its planned Commercial Space Station can serve as a tourism hub for well-heeled travellers and offer overspill accommodation for the International Space Station and workspace for science projects.

But it's unlikely to come anytime soon — the company wants to launch a seven-room station by 2016, but may increase or decrease that capacity based on customer demand.

Sergey Kostenko, Orbital Technologies' chief executive, told The Associated Press the planned station would be "a comfortable hotel in orbit, designed specifically for tourists."

Until now, space tourists — a handful of megarich CEOs and philanthropists — have had to suffer the indignity of hitching a ride with astronauts and cosmonauts to the International Space Station and float around the space laboratory trying not to break anything.

Now, or at least soon, they will have a place to gawk at the view in private.

THE ASSOCIATED PRESS

What was the highlight of your week?

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Prince's Island Park

If you have a minute to spare today in Calgary, take a walk through Prince's Island Park to check out the colours of fall. In addition to the falling leaves, the park boasts a few different pathways, gardens and sculptures and is open year-round. Before the birds head south for the winter, make sure you stop by the river to feed the geese and ducks.

Prince's Island Park is also home to the River Café, the first restaurant in Canada to receive LEAF certification — and it carries local cuisine in its sit-down restaurant as well as offering picnic baskets for those wishing to eat in the park.

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▶ Take a stroll through Prince's Island Park to check out the fall colours and maybe feed the geese and ducks.

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2 scene

JEFF CHIU/THE ASSOCIATED PRESS

▶ All for one: Neil Young and Daniel Lanois teamed up to make Young's new solo album, Le Noise

Neil Young's new album is personal

Produced by Daniel Lanois, Le Noise is full of interesting sounds and experiments

Some of your louder rock 'n' roll bands can make the Ryman Auditorium floorboards rattle a little. Few, though, have shaken the pews like Neil Young with just his electric guitar.

Young has been known to make a racket with a distinctive guitar sound that has influenced two generations of musicians. The low rumble he sent through the foundation at the Ryman in June, employing the technology he used on his new Daniel Lanois-produced album, Le Noise, was something very different, however. In the audience, the air seemed to vibrate — as well as the listener's ribcage.

It was that sound that drew Young to Lanois, whose all-star collaboration list includes U2, Willie Nelson, Bob Dylan and Peter Gabriel.

What emerged from those recording sessions is new, even for the ever-restless Young. Le Noise is full of interesting sounds and experiments, on both acoustic and electric guitars.

In a sense, it's Young as he first emerged as a performer — alone with his guitar singing about things completely personal and wholly universal. But 45 years worth of technological advances make it a very different experience. Lanois' setup allows Young to inhabit all the spaces that a band would — high guitar notes, low bass notes, the rhythm, the melody — simultaneously.

"I think it's a — I don't know — a spiritual record in some kind of ways," Young said. "There's a lot to do with love on the record. Love is in almost every song, and so it had a spiritual layer to it. It's not trying to do anything. It's just trying to be itself."

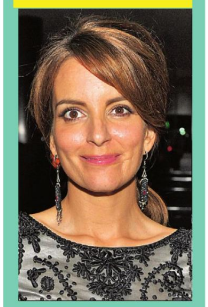
Peaceful Valley Boulevard is cast in the mould of classics like Aurora Borealis and Cortez The Killer, showing how mistakes made centuries ago grow and magnify over time until God cried tears that were a "pounding rain" and "a child was born and wondered why."

And then there's the brittle and beautiful Love and War, on which Young lays down this shocking statement: "When I sing about love and war, I don't really know what I'm saying."

Isn't that a profoundly confusing statement from the artist who gave us Ohio and Impeach the President?

"It's such a deep subject and there's really no one answer," he said. "There's nobody who really knows. It just seems to be a part of the human condition is to get in wars over and over again for as long as human beings have been around. So I have opinions but I'm not so sure that they're right." THE ASSOCIATED PRESS

In brief



Betty White will join Saturday Night Live cast members when they toast Tina Fey with the nation's top humour prize at the Kennedy Center in Washington.

White will join SNL comics and alumni Fred Armisen, Jimmy Fallon, Seth Meyers and show creator Lorne Michaels in awarding Fey the Mark Twain Prize for American Humor on Nov. 9.

THE ASSOCIATED PRESS

SCANLIFE

Does Howard Stern have bed bugs? Scan code for story

HANDOUT/THE CANADIAN PRESS

▶ Brittani Senser and Levi Johnston (top) are shown in a scene from Senser's video After Love.

Levi seemed comfortable with steamy video shoot

◐ Britol Palin's ex stars in music video mocking her family ◐ Mother never approved of relationship

Levi Johnston was "very comfortable" with the subject matter of a music video that reportedly led to his break-up with Bristol Palin, says the Canadian who directed the shoot.

The steamy clip for Brittani Senser's After Love, which will debut Saturday in the U.S. before being made available online, casts Johnston as a lover whose relationship is hobbled by his girlfriend's disapproving mother.

Palin and Johnston called off their second engagement in August after he told her he may have fathered a baby with another woman.

The 19-year-old daughter of former Alaska governor Sarah Palin told People magazine that the "final straw" was when Johnston travelled to Hollywood to star in a music video mocking her family.

Toronto-based director Evan Winter, who crafted the concept and helmed the video, said that Johnston had no issues with the material.

"No, actually, not at all," Winter said.

"He seemed very, very comfortable with the material."

Sarah Palin was chosen as John McCain's vice-presidential running mate in August 2008. The following month, on the opening day of the Republican National Convention, it was announced that Bristol Palin was pregnant and engaged to Johnston.

"We have a bedroom scene in the video actually where Brittani and Levi need to get a little bit close and cuddly and they have absolutely fantastic chemistry." EVAN WINTER

Their son, Tripp, was born in December, and the couple broke off their engagement in March 2009.

The 31-year-old Winter said it was Senser's management team's "brilliant idea" to approach Johnston about starring in the video.

"(They wanted) to see if he'd be interested in this opportunity to try to flex some acting muscles, and he was," said Winter, who's also directed videos for Eva Avila and Melissa Rodriguez.

After Johnston was aboard, Winter began working on the video's concept. This was around the time of Bristol Palin and Johnston's reconciliation and re-engagement in July. He says he was in pre-production when the engagement was broken off last month.

Palin, who has been competing on Dancing With the Stars, admitted in an interview with Us Weekly that her mother didn't approve of the relationship.

Winter acknowledges that he was aware that the Palin family drama was transpiring as he crafted the video.

"I knew that Levi was going to be in the video when I was coming up with the idea, and what ended up happening, was I thought about them briefly but I kind of went off on my own little tangent, I think," said Winter, who grew up in Zambia but moved to Burlington, Ont., when he was 11 years old.

"We wanted to talk about something universal and the idea we came up with that felt most like it would speak to a lot of people was the idea of a mother and a daughter, that parent-child relationship, and the idea of the parent disapproving of what it is the child is doing.

"Again, that sort of applies to what happened with Bristol and her mom and Levi but the intention wasn't necessarily to mirror that situation. ... It almost sounds like life imitating art a little bit."

Winter says that Johnston was a "pleasure" to work with. THE CANADIAN PRESS

Levi fits

- The 20-year-old former Playgirl cover model spent nearly 18 hours filming the video but never complained, Winter said. He also took part in some steamy scenes with Senser, a 26-year-old Minneapolis pop singer who was once a contestant on MTV's Making the Band.

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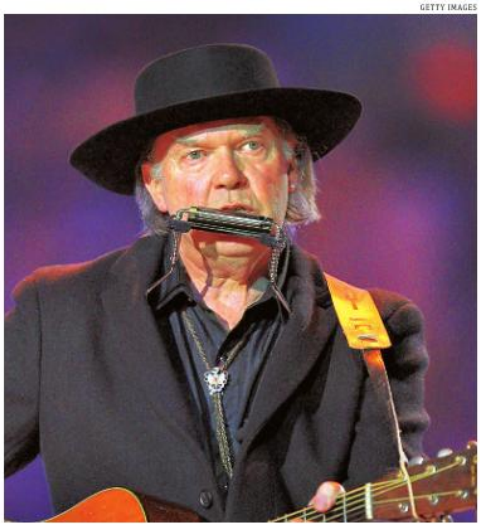
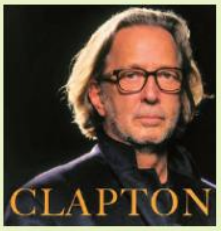
Turning up the noise

GETTY IMAGES



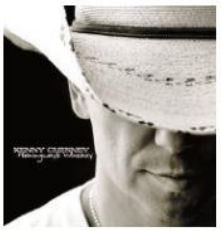
Neil Young
Album: Le Noise
Label: Reprise/Warner
●●●●

It's about time Neil Young turned to an outside producer. The godfather of grunge's last few CDs have all sounded like they were made in his basement, which is probably pretty much close to the truth. One of Young's most endearing qualities has always been that Raggedy-Andy rawness. Still, things were getting out of hand. So, yeah, everyone was excited when uber-producer Daniel Lanois (U2, Bob Dylan, Peter Gabriel, etc.) invited Young to his L.A. mansion for some sessions. The two Canadian legends hit it off. Lanois presented Young with an acoustic guitar specially loaded with a plethora of effects. The venerable rocker took full sonic advantage, sitting down and spewing forth echo and feedback on eight new songs. The result is jolting — just Neil and his guitars with Master Dan creating a sound so thick you can step into it. There are times (It's an Angry World, Rumbling) when the atmospheric loops conger visions of Young's experimental Trans period. Some songs give us a peek into his life. On Hitchhiker, he even lays open a lifetime of drug exploits. On other tracks (Peaceful Valley Boulevard), the clarity of his guitar recall gentler Young moments. Don't expect any Harvest Moon here, though. There's an underlying darkness that true fans will love, but occasional travelers will shun.
Outstanding track: Hitchhiker
GRAHAM ROCKINGHAM



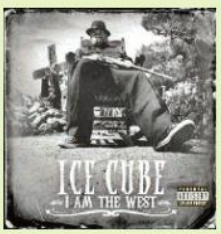
Eric Clapton
Album: Clapton
Label: Reprise/Warner
●●●½

As the Hoagy Carmichael song goes, he's "chained to his old rocking chair." Luckily for Eric, he's got a few friends sitting around with him helping him pass the time – like J.J. Cale, Steve Winwood, Allen Touissaint, Derek Trucks, Sheryl Crow and Wynton Marsalis. This is a master growing old gracefully with his favourite friends and collaborators. Nothing flashy here. This is an eclectic and ultimately tasty batch of 14 tracks.
Outstanding track: River Runs Deep
GRAHAM ROCKINGHAM



Kenny Chesney
Album: Hemingway's Whisky
Label: BNA
●●●

Over the last few years Kenny Chesney has transformed into the Jack Johnson of country music. His laid-back surf vibes hit a climax on the sleepy Lucky Old Sun and while the tunes may have been nice to listen to on a lazy day, they were pretty weak compared to the country star's previous stuff. The mood hasn't changed dramatically, but fortunately, he does revisit his rock country roots.
Outstanding track: Round and Round
BRYAN BORZYKOWSKI



Ice Cube
Album: I am The West
Label: Lench Mob
●●●

As many movies Ice Cube does, he'll always be remembered as Dr. Dre's partner in seminal rap group N.W.A. His solo career has been hit and miss, but he's made somewhat of a comeback in recent years. His latest won't be his defining moment of the 2000s — it's a wishy-washy record of old school rap. There are too many plodding beats and mundane rhymes, but tracks like Life in California, with its swipe at Jay-Z and Alicia Keys, saves this disc.
Outstanding track: Nothing Like L.A.
BRYAN BORZYKOWSKI

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TV Picks

Baby reveal on Grey's

DRAMA Meredith on Grey's Anatomy finally reveals her pregnancy secret to Derek. While it's anybody's guess as to how he'll react to the news, the episode title - "Shock to the System" - might provide a clue. (CTV, ABC)

THE CANADIAN PRESS

A Michael and Toby truce?

COMEDY On The Office, Corporate forces Michael into counselling with Toby (Global, NBC); Community sees Jeff re-connecting with a former law-firm colleague who is a bad influence (guest star Rob Corddry) (Citytv, NBC) and over at 30 Rock, Liz is shocked when more men start noticing her. (Citytv, NBC)

THE CANADIAN PRESS

TV is coming out

GLAAD report finds that 3.9 per cent of TV actors now appearing in gay, lesbian and bisexual roles

The number of gay and bisexual characters on scripted broadcast network TV has risen slightly this season to 23 out of a total of nearly 600 roles, according to the Gay & Lesbian Alliance Against Defamation.

The 15th annual Where We Are on TV report released Wednesday found that 3.9 per cent of actors appearing regularly on prime-time network drama and comedy series in the 2010-11 season will portray gay, lesbian or bisexual characters.

That's up from three per cent in the 2009-10 season. The increase in 2008-09 was 2.6 per cent.

Only six of the 23 gay and lesbian characters this season are non-white, GLAAD found.

Using information provided by ABC, CBS, Fox, NBC and CW, the group reviewed 84 scripted series announced to air this season.

The only original programming announced by the gay-focused cable networks here! and Logo is unscripted, alternative programming, so they were not part of this year's character count, GLAAD said.

While the number of broadcast drama series featuring regular or recurring gay characters is unchanged from last year, the number of comedy series has increased from eight to 11, including new comedies Running Wilde (Fox) and Hellcats (CW).

ABC led the networks in gay representation, with 7.2 per cent or 11 regular characters out of a total of 152, followed by Fox with five out of 100 (five per cent).

On mainstream cable channels, the number of regular characters rebounded to 35 after a two-year decline.

HBO features the greatest number of gay and bisexual characters, with 10 regular and recurring characters.

The group found that the HBO drama True Blood is the most inclusive series on television, featuring six characters.

THE ASSOCIATED PRESS

Primetime pride

- **Brave bloodsuckers:** The ever-popular HBO vampire drama True Blood comes out on top of GLAAD's report, featuring the most gay, lesbian and bisexual main characters (six) on a mainstream TV show.

MICHAEL YARISH/THE ASSOCIATED PRESS

▶ Chris Colfer, right, plays the openly gay son of character Burt Hummel, played by Mike O'Malley on right, in the Fox TV series Glee

Robes fit for a king

If it seems like Tudors star Jonathan Rhys Meyers is bigger than ever, it's because he is.

The Irish actor packs a bit more heft and dons facial hair and prosthetics to simulate the advancing age and expanding physique of King Henry VIII on the fourth and final season of the sprawling historical epic.

Co-star Tamzin Merchant joins the cast this season as the tyrant's fifth wife, Katherine Howard.

"They definitely did kind of make a gesture towards making him the bigger character from history that we all know," Merchant said of Meyers' appearance during a recent Toronto, promotional stop.

The Irish-Canadian co-production has weathered complaints that Meyers' slim build bears little resemblance to the image of the bearded and rotund king.

But as the sexy serial reached the end of Henry's reign, concessions were made to conclude with a look that more closely matched public perception of the king in his later years, says Merchant, noting that includes the adoption of a jaunty cap but still falls short of a full-on fat suit.

Vancouver actor Torrance Coombs (who plays the duplicitous courtier Thomas Culpepper) says the massive production was the largest he'd been a part of, noting the large-scale sets, award-winning costumes and crowds of extras went a long way toward helping him immerse himself in the period. The Tudors airs Wednesdays on CBC-TV.

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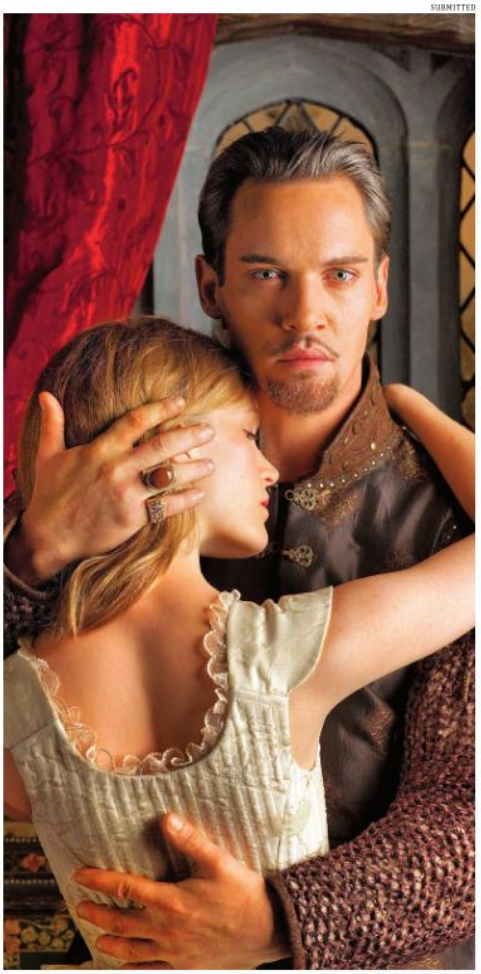

PVR

Was Palin booed on Dancing?

Dancing with the Stars host Tom Bergeron says the hit ABC show will air footage during Tuesday's episode that shows that loud boos from the audience were directed at the show's three judges, not at Sarah Palin.

Palin had a front-row seat in the ballroom to watch her daughter perform on Monday's episode. Just before Bergeron sat down to do a brief interview with the former vice-presidential candidate, boos were heard off camera. Several media outlets as well as Dancing fans reported that the noise was directed at Palin.

But Bergeron said it was all about the judges, who had given three eight scores to first-place couple Jennifer Grey and Derek Hough.

The scores — each out of a maximum of 10 — "were perceived as relatively low for a dance that received a standing ovation,'' executive producer Conrad Green said in a statement Tuesday.

▶ Palin

Audience members are encouraged during commercial breaks to voice their feelings about the judges' scores.

Producers plan to show about 45 seconds of uncut footage from another camera angle during Tuesday's episode to clarify for whom the boos were intended.

"Lucky we had the grassy knoll camera on, because this really will just put it to rest," Bergeron quipped.

He called the reports that Palin was booed "just paranoid speculation.''

The host said this is the first time in the show's 11 seasons that shots from a different angle are being shown to clarify a kerfuffle from the night before.

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O Canada

The Oprah Winfrey Network will make its Canadian debut next year

Corus Entertainment says it's finalized a deal that will bring Oprah Winfrey's health and relationship channel north of the border following the U.S. premiere on Jan. 1, 2011.

Called OWN (Oprah Winfrey Network) the channel will largely target women age 25 to 54.

The lineup will include the evening talk show Oprah's Next Chapter, Behind the Scenes: The Oprah Show Final Season, and the reality show, Why Not With Shania Twain, which will chronicle the ups and downs of the Canadian country music star. Winfrey is set to wrap up her weekday syndicated talk show next year after its 25th season.

THE CANADIAN PRESS

▶ Oprah Winfrey

Lone Star gets axed

Fox network says that its prime-time soap Lone Star is being pulled off of the air after just two airings on television.

Replacing the little-watched new show is the psychological crime drama Lie To Me, which is set to commence its third season on the air next Monday at 9 p.m. EDT.

Although Fox didn't officially cancel Lone Star, its fate seemed to have been sealed after Monday's episode, the audience of which was even smaller than the 4.1 million viewers who had tuned in to the Lone Star's series premiere a week earlier.

Praised by critics, the show featured newcomer James Wolk as a charismatic Texas con man living a double life with two women.

With the dire news from Fox hitting the public on Tuesday, Lone Star became the very first casualty of this fall's television season, which is little more than a week old.

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Top model mix-up

The winner of popular reality show Australia's Next Top Model gave a heartfelt acceptance speech at this season's live finale.

Unfortunately her speech came before the show's host realized she had announced the wrong name.

On Tuesday night host Sarah Murdoch named 19-year-old Kelsey Martinovich the winner of season six of the Fox Television reality show.

Minutes later, with her hand over her face, Murdoch made an awkward apology. The actual winner, as voted by television viewers, was 18-year-old Amanda Ware.

Murdoch claimed that the wrong name was fed to her in her earpiece.

The network announced on Wednesday that Martinovich will receive 20,000 Australian dollars as well as a trip to New York — which are also part of the Amanda Ware's prize. The rewards will serve as compensation for the blunder.

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The real Big Love saga

Police in Utah city are launching a bigamy investigation of a plural family with a reality TV show

A Utah family with four wives had hoped its participation on a TLC reality TV show would shed light on polygamy.

But now that it is the target of a bigamy investigation by Utah police, one advocate worries that the probe will instil fear in other plural families about going public with their lives.

"If it really goes to a court situation, then our people are going to go right back into isolation," said Anne Wilde, co-founder of Principle Voices, a non-profit that seeks to educate the public about polygamous families.

Over the past 10 years, Utah's historically insular polygamist community has worked with state agencies to increase understanding of the unique aspects of polygamous culture, Wilde said. As a result, plural families are now less hesitant to seek help and services when needed, she said.

The Brown family's decision to do the reality TV show was sort an extension of that education work, said Wilde, who knows the family well.

Sister Wives, which premiered Sunday, chronicles the life of 41-year-old advertising salesman Kody Brown, his four wives, 13 children and three stepchildren. The Browns, of Lehi, have said they hoped that the peek into their lives would help broaden the public's understanding of plural families. Lehi police are investigating whether the family is violating bigamy laws on cable TV. Brown is only legally married to Meri but also calls three other women his spouses: Janelle, Christine and Robyn.

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BRYANT LIVINGSTON/TLC/THE ASSOCIATED PRESS

▶ The Browns, from left, Janelle, Christine, Kody, Meri, and Robyn from the TLC series Sister Wives, are shown. Police in Utah say they've launched a bigamy investigation into a polygamous family starring in the reality television show.

Up to five years

- Across Utah and parts of the western U.S., an estimated 38,000 self-described fundamentalist Mormons continue to believe and/or practice polygamy, believing it brings exaltation in heaven.
- Although it is rarely prosecuted, bigamy is a third-degree felony in Utah, punishable by a prison term of up to five years. Under the Utah law, a person can be found guilty of bigamy through cohabitation, not just legal marriage contracts.

A kitchen nightmare

A New Jersey chef who was featured on Kitchen Nightmares three years ago has jumped off a bridge to his death It's the second guest on a Ramsay show to commit suicide The other was a contestant on Hell's Kitchen

PVRR

A New Jersey chef who three years ago described "overwhelming" personal debt when he was featured on Gordon Ramsay's Kitchen Nightmares show jumped to his death from the George Washington Bridge into the Hudson River.

The body of 39-year-old Joseph Cerniglia, whose restaurant experienced a renewal since the show, was found floating in the river on Friday. The New York City medical examiner's office ruled it a suicide, agency spokeswoman Grace Burgess said.

Cerniglia owned Campania in Fair Lawn, N.J., which he bought in 2006. In 2007, the debt-ridden Italian restaurant was featured on Ramsay's show.

During the broadcast, Cerniglia estimated he owed purveyors about $80,000.

"I'm financially in trouble. The debt of the restaurant alone is overwhelming," he said. "My personal debt — wife, kids, mortgage — that's a lot of debt."

His wife added, "If this business fails, we will lose everything."

"Why did you become a chef-owner if you haven't a clue how to run a business?" Ramsay asks him on the show.

He criticizes the restaurant's large portions, the food quality and speed of service, and chastises Cerniglia for allowing such a childish atmosphere in the kitchen.

Jim Edwards, the culinary director at Chef Central in Paramus and a close friend of Cerniglia's for the last seven years, said he thought his friend benefited from being on Ramsay's show.

"I thought he fared well," Edwards said.

"I was never at the restaurant when it wasn't packed." THE ASSOCIATED PRESS

▶ Gordon Ramsay

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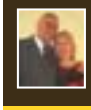
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Doing it 'Nucky's Way'

Atlantic City councilman wants to name street after controversial subject of HBO's Boardwalk Empire ◐ Johnson was prohibition-era political boss

Real-life political and rackets boss — and current posthumous TV star — Enoch "Nucky" Johnson may finally get a street named after him.

The subject of the hit HBO series Boardwalk Empire, Johnson ruled Atlantic City during Prohibition, ensuring that vice flourished here, and the cash was spread around freely.

City Councilman Dennis Mason told The Press of Atlantic City he'll introduce a measure to rename a one-block section of Belmont Avenue — near a hotel where Johnson used to live — as "Nucky's Way."

Mason is not put off by Johnson's eventual conviction and imprisonment on tax charges.

"It was just tax evasion," Mason told the newspaper. "He didn't actually murder anyone."

Belmont Avenue runs alongside the Ritz, a high-rise condominium building that was once the Ritz-Carlton, a luxury hotel where Johnson lived and rented out the entire ninth floor.

▶ Steve Buscemi, right, plays Enoch "Nucky" Thompson in Boardwalk Empire. The character is based on real-life political boss Enoch "Nucky" Johnson.

Other high-profile visitors to the hotel included U.S. Presidents Warren G. Harding and Calvin Coolidge, and gangster Al Capone, a close pal of Nucky's.

Mason acknowledged the move is a ploy to generate more interest in Atlantic City among tourists. He said he hopes to organize an event in November in which people will don 1920s clothing and red carnations, a trademark of Johnson and the HBO character based on him, played by Steve Buscemi.

The ethical bar to getting a street named after someone in Atlantic City is not all that high. The city has already named streets for Louis Kuehnle, a city political boss in the early 20th century convicted of accepting kickbacks, and Don King, the boxing promoter who was convicted of second-degree murder before getting it downgraded to manslaughter.

Mason said Nucky held no monopoly on corruption in Atlantic City, noting a slew of recent arrests and prison terms of City Council members.

"I mean, if everybody gets real, I'm sure there are a lot more people that did something (illegal)," he said. "We have bad people in this government now."

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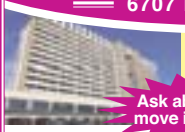
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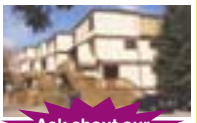
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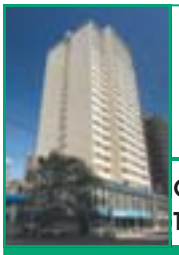
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Hammer brings A-game to The Social Network

High-calibre cast inspired eachother on set of new movie about Facebook

NED EHRBAR
SCENE@METRONEWS.CA

Armie Hammer faced some interesting acting challenges for the Social Network. Playing both Cameron and Tyler Winklevoss, the identical twins who claimed Mark Zuckerberg stole the idea for Facebook from them, Hammer gets some of the best lines in the movie — and spends most of his scenes arguing with himself. Metro caught up with Hammer at the Harvard Club in New York .

GETTY IMAGES

▶ Armie Hammer plays identical twins Cameron and Tyler Winklevoss in the Social Network.

When you get a script by Aaron Sorkin directed by David Fincher, what goes through your head?
To think about the fact that you are working with Fincher and you are doing two parts, if you show up carrying that anxiety with you, you won't get the same performance. We really had to trust Fincher and let go of the fact that he was Fincher and just do whatever he asked.

The real Winklevoss twins were at the premiere. Did you meet them before you made the movie?
I met them afterward. I'm glad I didn't meet them before, because I feel like I would've been tempted to do almost like an imitation of these guys who I don't know. I know the characters in the script better than I know the real guys.

And what was their response to the film?
From what I could tell, it was positive. Honestly, I just think they're happy that their side of the story is being told, you know?

On Oprah, Mark Zuckerberg referred to the film as a work of fiction. Do you see it as a true story?
If I were Mark Zuckerberg, I would definitely try to play this off as fiction as well. I mean, I'm not surprised that's what he said. Do I see this as a work of nonfiction? Um... yes, but in the sense that truth is relative. So to each of the characters as it relates to them, they are telling the truth and this is their true story. But it's up to the audience to take these three perspectives and sort of figure out what they think.

Tell us what you are recording @metrocalgary

PVRTweets

If you could make a guest appearance on a show of you choice. What would it be?

@tanialittle The Daily Show. Love to debate w Jon

@sammehdee If I could guest star on any show it would HAVE to be Lie to Me!!!! Love that show soooo much!!!

@scoalegil hands down: Entourage, home to all the coolest cameos.

@DJKnightrocker …Don't Forget The Lyrics

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LIONSGATE ENTERTAINMENT/THE ASSOCIATED PRESS

▶ Ryan Reynold's new flick, Buried, opens in select theatres Friday.

Reynolds does the 'impossible'

The low-budget indie is a departure for Reynolds, who recently starred in The Proposal and X-Men Origins

When Ryan Reynolds was sent the script for the claustrophobic thriller Buried, his first instinct was to say no.

``Only because it (seemed) impossible,'' Reynolds said in an interview at the Toronto International Film Festival earlier this month.

``It was just this fantastic piece of writing and it was impossible to accomplish in a film — there's no way you could shoot it.''

The script consisted of a single character on screen for 90 minutes, with the action — if you could call it that — all taking place inside a wooden coffin. Bit by bit, pieces of a flawed hero's life are revealed as he uses a cellphone, lighter, pencil and flashlight to plot his escape.

The story centres on the plight of family man Paul Conroy.

He's a truck driver working on a U.S. government contract in Iraq and is abducted when his convoy comes under attack.

Reynolds only saw the movie's potential after talking to impassioned Spanish director Rodrigo Cortes.

``Rodrigo saw this technical challenge as something that he could ... not only overcome, he could invent moments and invent ways to shoot this film,'' said Reynolds.

THE CANADIAN PRESS

Lindsay Lohan back in rehab

Troubled actress plans to stay at California live-in facility until her next probation hearing in October ◆ Starlet recently posted $300K bail

Lindsay Lohan reportedly made good on her plans to head back to rehab after posting $300,000 US bail and getting out of jail over the weekend.

The troubled starlet is now in a Southern California live-in facility, where she plans to stay until her next probation hearing on Oct. 22, according TMZ.

"The plan always was for her to go back into rehab and hopefully it will work for her this time around before her next court date," friend and photographer Tyler Shields tells Radar Online. "We all hope and pray that she can recover. I've always said that she is not a criminal, and that she needs rehab and not jail at this point in her life." METRO

GETTY IMAGES

Brangelina kids make a French connection

GETTY IMAGES

Brad Pitt and Angelina Jolie's youngest kids, twins Knox and Vivienne Jolie-Pitt, reportedly spend so much more time with their French au pair than their parents that they speak more French than English, according to Life and Style.

Their famous mom isn't so worried, though: "Angie encourages it," a source says. "She's always been obsessed with the idea that educated people speak French as a second language." METRO

Duff goes the distance for hockey husband

Hilary Duff admits her new marriage to NHL hockey player Mike Comrie is facing one major obstacle: distance.

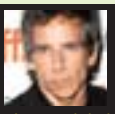
"Now he's gone and I'm like, 'No, you left me too soon! What's happening?' That kind of sucks," she says tells Access Hollywood. "We're used to that long distance thing and we're going to figure it out. It means a lot of traveling for me this year, but that's OK." METRO

Celebrity tweets

Justin Bieber [@justinbieber] another amazing day... pet a cheetah...check it off the bucket list. wow

Nicole Richie [@nicolerichie] I'M HERE NYC! 12 hour flight. No hair. No makeup. But NOTHING is stopping me from Borders! Here I come!

Britney Spears [@britneyspears] John Stamos is still hot! He looks the same as he did on Full House!



Ben Stiller [@RedHourBen] Clinton Global Initiative time. Really smart ppl working 2 solve problems & help. Also Shakira is here, so that helps.

GETTY IMAGES

Nick Cannon seeks birthday sponsors

Nick Cannon is hoping to throw a lavish 30th birthday party for himself, but he's hoping someone else will pick up the tab.

Cannon's camp is reportedly soliciting sponsors for parties in New York and L.A., according to the New York Post.

"This is an extremely exciting opportunity to sponsor a fun and lavish event. Opportunities range from gift bags and signage to tweets and photo ops," an e-mail obtained by the newspaper reads.

"In return for a $2,500 donation, sponsors will feature in the gift bag, while a more generous $15,000 will guarantee 'one tweet,' plus a 'mention in all public relations materials.'" METRO

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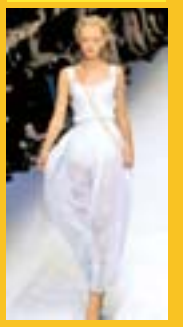
3 life

White Lace



Milan Fashion Week was a parade of delicate white lace starting with Brioni and ending with Dolce & Gabbana. For his first collection as creative director of Brioni, Alessandro dell'Acqua created polished, belted lace, longer length dresses that were a soft counter-balance to his tailored separates. Meanwhile, Stefano Gabbana and Domenico Dolce's collection was rooted in the Mediterranean and featured ivory, often sheer, frocks in every variety that a woman could possibly want. METRO

Alive and well: Milan is back on track for the spring-summer 2011

As Italy's fashion week nears a close, certain trends have become obvious
Take a time machine back to the '70s, grab some bright colours and don't forget the stripes and graphics

Trendspotting in Milan

TAMU MCPHERSON

1

VALENTINA DI PINTO

2

GIOVANNA BATTAGLIA

3

1 THE SEVENTIES AT ETRO, FENDI AND BLUMARINE

No matter which part of 1970s fashion you prefer, there's a boatload for everyone to choose from. It seems that Milan's designers have mined every nook and cranny of the time period: Fendi's romantic silhouettes, Etro's heavy use of totally seventies mustard, Blumarine's more flamboyant, over-the-top bell bottoms.

2 EYE-POPPING COLOURS (ESPECIALLY ORANGE) AT MAX MARA, EMPORIO ARMANI AND JIL SANDER

Bright colours like pumpkin, hot pink, candy apple red and emerald green and up-beat combinations of them all gave an overall feel-good, summery tone to the collections. The week's standout examples were Raf Simons' statement skirts paired with white t-shirts at Jil Sander, Max Mara's blazing hot separates (the trousers had slits up the leg) and Emporio Armani's retro, flared cocktail dresses.

3 STRIPES AND GRAPHICS AT PRADA AND VERSACE

Bold, Baroque prints, lean silhouettes and Josephine Baker references (a Paul Colin illustration, a banana skirt) made Prada an early standout in the graphics department. Meanwhile, Versace gave a fresh interpretation of the stripes trend by distorting them.

KENYA HUNT
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The ghost of Yves Saint Laurent

KENYA HUNT
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METRO WORLD NEWS IN LONDON

▶ An outfit from Limi Feu's show during Paris Fashion Week.

If the fashion weeks in New York, London and Milan made anything clear, it's that fashion is having a serious 1970s obsession. Technically, that obsession began in France.

Why? Because the runway season has been filled with references to Monsieur Yves Saint Laurent.

Whether it be his billowing dresses, peasant blouses or bold colour palette, his influence stretches far and wide this season.

Whether or not the Paris shows continue this '70s trend remains to be seen. But we can assure you that Saint Laurent's ghost will still be in the air thanks to the new documentary about the couturier L'Amour Fou.

It features never before seen footage of the designer and explores his relationship with his on-again-off-again lover and business partner, Pierre Berge. The film will surely only deepen fashion's nostalgia for the icon and his work.

Limi Feu

The closing series of evening dresses were the highlight of this show, which was dominated by stark black and white dresses and separates.

What made these dresses stand out was the absence of all of the froufrou one expects from evening wear.

The dresses, such as a simple pleated black gown with a plunging V-neckline, were simple and yet displayed Feu's flair for draping, volume and complex construction.

These are all skills that she shares with her father, Yohji Yamamoto.

Dries van Noten

Last season's parade of army green, violet and leopard prints was replaced by a strong, precisely constructed collection of separates in relaxed, oversized proportions and soft pastels and floral prints.

Always a favourite among fashion's top editors, this collection had plenty to choose from for those women who want to look modern but don't want to be a slave to trends.

The collection was an intelligent interpretation of spring dressing.

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Switching up for the seasons

When it comes to fall it's best to opt for lush, plus and warm colours and throws

HOMES IN STYLE

HEATHER BUCHAN
HOME@METRONEWS.CA

As the season changes from summer to fall with the days getting shorter and the weather getting cooler, we naturally start spending more time indoors, and the urge to create a warm and cosy atmosphere at home instinctively kicks in for many people. So how can you add a dose of autumn to your home?

Decorator, stylist and host of HGTV's Pure Design, Samantha Pynn, says the quickest way to inject that fall feeling into your home is by switching up decor accessories just as you switch up your wardrobe from summer to fall.

"Think about vases filled with autumnal coloured florals, a giant wood bowl laid on a coffee table, a chunky knit throw on the sofa, giant potted mums at the front door and cosy new bed linen," she says.

As for a colour palette, adding warmer, richer colours — deep reds, burnt oranges, golds, browns and mochas — like those outside, signify that fall has arrived. The same goes for fabrics. Opt for lusher, plusher and warmer throws, pillows and linens.

According to Samantha, come autumn, the key to decorating is to pack away anything that feels cool and summery. "Put away the summer patio trays and drinking pitchers, pull out the soup tureen, the warm duvet, blankets and throws," she says.

The Fall Home Show runs from Sept. 30 to Oct. 3 at The Better Living Centre, Exhibition Place, Toronto.

1

2

3

4

1. POTTERY BARN, $24
These Hand Carved Wood Pumpkins (6" x 5") are ideal harvest-inspired room accents; potterybarn.ca.

2. POTTERY BARN, $39
Nothing says "fall" quite like a wreath of autumn-hued foliage hanging at your front door; potterybarn.com.

3. IKEA, $7.99
Wooden and bamboo accents, like this handmade bamboo Hultet Dish — which can be used to serve food or to display other accessories — inject a fall feeling into your home; ikea.ca.

5. IKEA, $9.99
This red Borrby Lantern can be used both indoors and out and can be lit up with block candles or filled with other rustic decorative accents like leaves or miniature pumpkins; ikea.ca.

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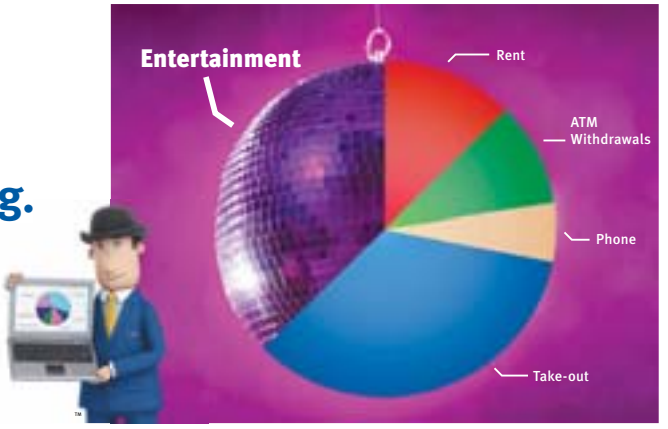

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Top designer goes eco

DECOR MOMENT

KARL LOHNES
HOME@METRONEWS.CA

This week I give up my decorating spotlight to bring you some insider thoughts about decorating with Canadian interior designer Candice Olson.

She's got the No. 1 decorating show on HGTV (U.S.) and her show Divine Design can be seen on the W Network in Canada every Thursday night.

I caught up with her last month and was surprised to learn that her rooms are not only well decorated, but often incorporate many eco-friendly and hand-made products.

What design style are you best known for?

My look tends to be contemporary, parred down clean lines with a huge factor of comfort. I don't like cold, sterile rooms so I like to use natural materials like natural fabrics and cork.

How does that differ from personal decorating style at home?

I actually like modern style, but love to incorporate the element of hand-made into a room. Handmade items bring a sense of personal style and offer a look that no one else will have.

One of a kind items like sculptures, carved wooden bowls, baskets and artwork help to define a homeowner's decor personality.

What are your clients requesting these days?

My clients are becoming increasingly more concious about earth-friendly products and are very savvy to incorporate them into a room's design.

Although I have suggested products like cork flooring for many years, its popularity and acceptance has been increasing ten-fold over the past while. Earth-friendly decorating products don't have to look hippy-granola; can you imagine cork flooring made to look like modern wooden planks or concrete tiles?

▶ Watch Candice Olson's Divine Design Thursdays on the W Network.

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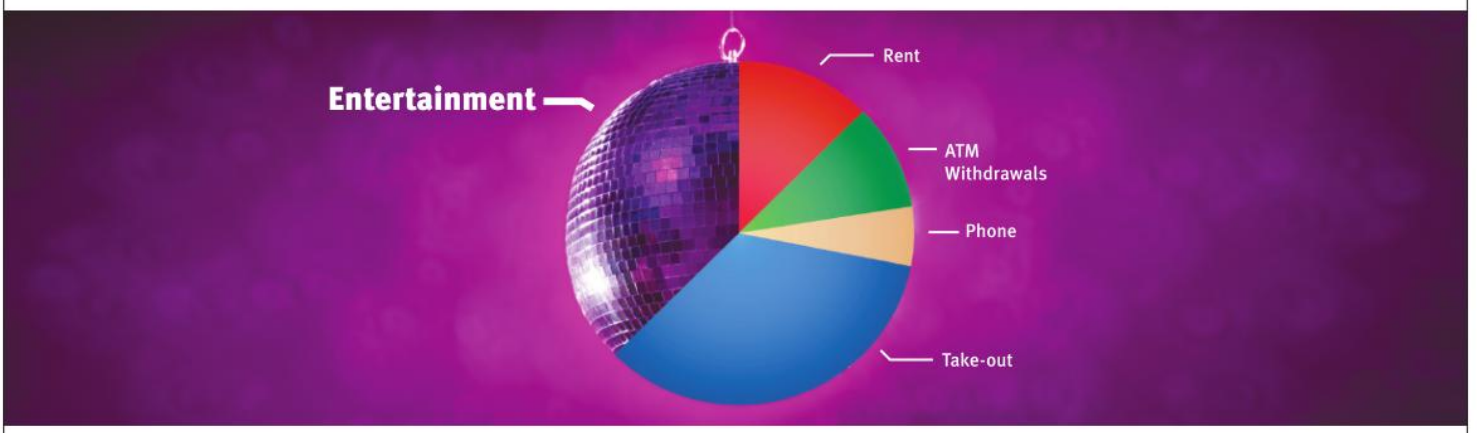

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Tuna and cheese bruschetta

Ingredients :

- 250 ml (1 cup) finely diced bocconcini
- 1 can (120 g) flaked tuna, drained
- 75 ml (1/3 cup) grilled and finely diced red peppers
- 50 ml (1/4 cup) sliced seedless black olives
- 30 ml (2 tbsp) pesto
- Salt and freshly-ground pepper, to taste
- About 2 dozen small crackers or rusks

Bocconcini and tuna are mixed together and given an unusual flavour boost with pesto, red pepper and black olives for this delicious bruschetta. It makes an ideal snack to eat while watching television or as an appetizer for drop-in guests.

Preparation:

1. In a bowl, combine cheese, tuna, red peppers, olives and pesto. Season with salt and pepper.
2. Spread mixture on crackers or rusks.

THE CANADIAN PRESS

Lively Jimmy's dishes up giant shawarmas

ANDREE LAU/FOR METRO CANADA

▶ Small chicken shawarma

Middle Eastern Deli takes pita wraps to a whole new level

LUNCH RUSH

ANDREE LAU
FOOD@METRONEWS.CA

Jimmy's A&A Deli is no conventional neighbourhood convenience store. The Middle Eastern deli serves up Calgary's biggest chicken shawarmas in a boisterous atmosphere.

Enjoy the bass-heavy dance music and counter banter as you wait for your food.

The popular pita wrap is taken to a whole new level with juicy roasted chicken in quantities so generous that the bread barely folds up around the filling. Get it loaded with lettuce, tomato, pickles, banana peppers, creamy garlic sauce and sriracha hot sauce.

A small shawarma ($7.75) is the size of a brick. Anyone who polishes off a large shawarma deserves a medal. A fork or at least a dozen napkins are prerequisite.

All pita sandwiches, including beef donair, can be ordered as salads ($9 and up) sans bread. Choose from a large selection of olives and sweet baklava.

There's no seating in the cramped store but you can take advantage of the patio seats outside on nice days.

- **Jimmy's A&A Deli**
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- **Reservations: No**
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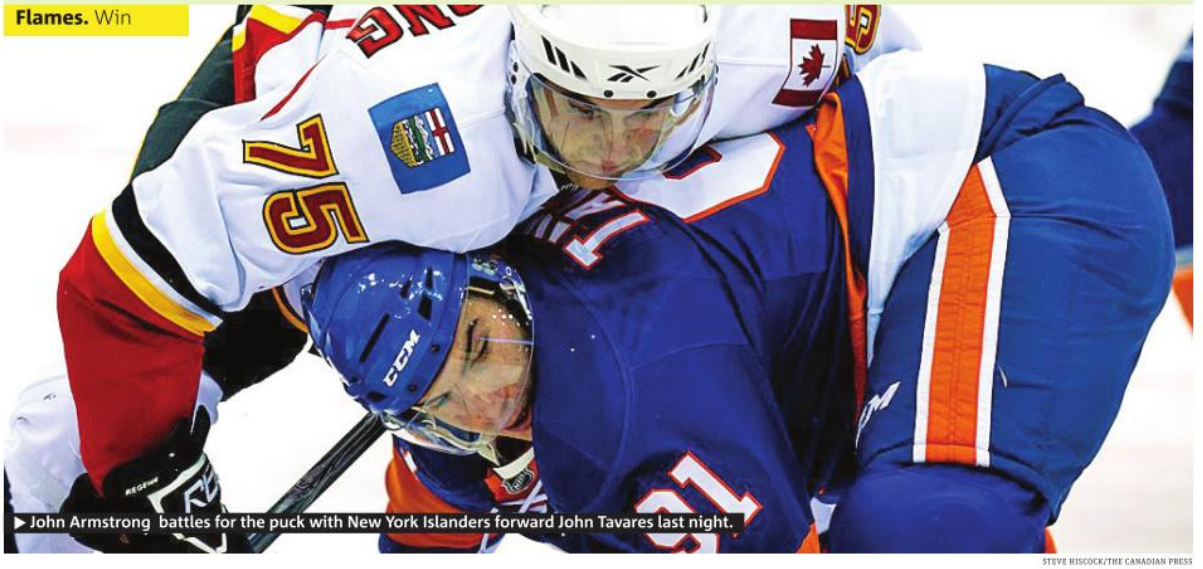

▶ John Armstrong battles for the puck with New York Islanders forward John Tavares last night.

STEVE RISCOCK/THE CANADIAN PRESS

Three goals are enough to beat Isles' split squad

The Calgary Flames opened a three-goal lead in the second period, then held on for a 3-2 NHL exhibition win over a New York Islanders split squad last night in Saskatoon.
Stefan Meyer, Curtis Glencross and Ales Kotalik all scored in the second period for the Flames (5-0-0) who remained perfect in the pre-season. Calvin de Haan and Trevor Gillies each scored for the Islanders (0-2-0), who were playing their first two pre-season games yesterday. New York's other split squad lost 3-1 in Philadelphia.

THE CANADIAN PRESS

Flames miss Olli

Jokinen's absence due to injury leave team thinner up the middle ◐ Four centres sidelined by injury

Olli Jokinen's linemates on the Calgary Flames want the big Finn back in the lineup as soon as possible. Jokinen was the fourth Flames centre sidelined with an injury at training camp, although Jokinen's isn't believed to be long term.

He and wingers Alex Tanguay and Jarome Iginla were having a fine game before Jokinen left Tuesday's pre-season game against Phoenix. Jokinen gestured to his back before leaving the bench early in the second period.

The Flames said yesterday that Jokinen was "day-to-day." Head coach Brent Sutter said following the game "it's nothing significant."

With centres Daymond Langkow (neck), Matt Stajan (shoulder) and Ryan Stone (knee) out indefinitely, Calgary can't afford to lose any more men up the middle with the regular season starting next week.

Langkow and Stajan are second-line-calibre centres behind Jokinen on Calgary's depth chart. Langkow suffered a neck injury March 21 when teammate Ian White's shot struck him. He's skating, but not cleared for contact. Stajan separated his shoulder in the first pre-season game.

"We'd like to have Olli back. We'd like to have all three back for sure," captain Jarome Iginla said. "That's definitely a lot of talent to be out.

"There's three very good centres that aren't practising today, but I don't think Olli is going to be long and Staje, I think, is feeling better and Lanks is feeling better too."

Up next

The Flames face the Oilers in Edmonton tomorrow and at home Sunday before opening the regular season in Edmonton on Oct. 7.

The dominant storyline of Calgary's training camp has been whether the return of Jokinen and Tanguay to the Flames' fold will help boost the club's offence, which was the worst in the NHL last season at 204 goals.

Flames GM Darryl Sutter signed Jokinen as a free agent in July five months after trading him away to the New York Rangers for Alex Kotalik and Chris Higgins.

Jokinen, 31, signed a two-year deal worth $6 million, which was a pay cut from his previous salary of $5.25 million. Tanguay, 30, whose best season was in a Flames uniform in 2006-07, signed a one-year deal worth $1.7 million.

Jokinen had 19 goals and 31 assists in his 75 games with Calgary over parts of two seasons. Many wonder how much better he'll be his second time around as a Flame.

THE CANADIAN PRESS

STAMPEDERS

Burris explains bra pics

Henry Burris says photos of him shirtless and wearing a bra while standing next to a woman also in a bra were a birthday prank.

The Calgary Stampeders quarterback questions why the photos are suddenly circulating after his sub-par performance in a 29-10 loss to B.C. on Saturday.

In the photos, Burris is wearing a black bra, standing next to a woman in a white bra.

Burris, who is married with two young sons, turned 35 on June 4.

"It was just a get-together with friends celebrating my birthday and they played a little prank on me and, hey, I guess somebody else had other intentions," Burris told reporters this week.

"My family, we're very annoyed about it because we knew about the situation from the beginning. It's amazing it came up after a loss, but I guess nobody likes a loser right?"

When asked what he thought of the photos, Calgary coach John Hufnagel said: "I thought the bra size was too large."

THE CANADIAN PRESS

4 sports

Sports in brief

Three-time Tour de France winner Alberto Contador tested positive for a banned steroid during this year's race, according to a statement released by his spokesman yesterday.

Jacinto Vidarte, Contador's publicist, said the substance, identified as clenbuterol, was found in a test taken on July 21. Contador has blamed food contamination as the only possible explanation.

THE ASSOCIATED PRESS

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MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
z-Tampa Bay	94	64	.595	—	—	5-5	L-1	49-32	45-32
z-New York	94	65	.591	½	—	4-6	L-1	52-29	42-36
Boston	87	71	.551	7	6½	5-5	L-2	44-34	43-37
Toronto	82	76	.519	12	11½	7-3	W-1	46-35	36-41
Baltimore	63	95	.399	31	30½	5-5	W-1	34-43	29-52

CENTRAL DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
x-Minnesota	93	65	.589	—	—	4-6	W-1	52-25	41-40
Chicago	85	73	.538	8	8½	6-4	W-2	42-35	43-38
Detroit	80	78	.506	13	13½	6-4	L-3	52-29	28-49
Cleveland	68	91	.428	25½	26	6-4	W-6	38-43	30-48
Kansas City	65	93	.411	28	28½	4-6	L-1	36-41	29-52

WEST DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
x-Texas	88	70	.557	—	—	5-5	W-1	49-28	39-42
Los Angeles	78	80	.494	10	15½	6-4	W-3	43-38	35-42
Oakland	77	81	.487	11	16½	3-7	L-6	47-34	30-47
Seattle	61	97	.386	27	32½	5-5	L-1	35-42	26-55

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
x-Philadelphia	95	64	.597	—	—	7-3	W-1	52-29	43-35
Atlanta	90	69	.566	5	—	5-5	W-3	55-23	35-46
Florida	77	81	.487	17½	12½	4-6	L-4	38-39	39-42
New York	77	81	.487	17½	12½	3-7	L-2	45-32	32-49
Washington	68	91	.428	27	22	6-4	L-1	41-40	27-51

CENTRAL DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
x-Cincinnati	88	70	.557	—	—	5-5	L-1	46-31	42-39
St. Louis	82	76	.519	6	7½	5-5	W-1	48-29	34-47
Houston	75	83	.475	13	14½	4-6	W-1	41-37	34-46
Milwaukee	75	83	.475	13	14½	6-4	W-2	40-41	35-42
Chicago	72	85	.459	15½	17	6-4	W-2	35-46	37-39
Pittsburgh	56	102	.354	32	33½	6-4	L-1	40-41	16-61

WEST DIVISION

	W	L	Pct	GB	WCGB	L10	Str	Home	Away
San Francisco	89	68	.567	—	—	6-4	W-2	46-30	43-38
San Diego	87	70	.554	2	2	5-5	L-3	44-35	43-35
Colorado	83	75	.525	6½	6½	1-9	L-4	52-29	31-46
Los Angeles	78	81	.491	12	12	6-4	W-3	43-35	35-46
Arizona	64	93	.408	25	25	5-5	L-1	40-41	24-52

z-clinched playoff berth; x-clinched division

AMERICAN LEAGUE

Yesterday's results
Toronto 8 N.Y. Yankees 4
Texas 6 Seattle 5
L.A. Angels 2 Oakland 1 (11 ings.)
Cleveland 4 Detroit 0 (1st game)
Baltimore 2 Tampa Bay 0
Cleveland 4 Detroit 3 (2nd game)
Chicago White Sox 5 Boston 2
Minnesota 4 Kansas City 2
Tuesday's results
N.Y. Yankees 6 Toronto 1
Detroit at Cleveland (ppd., rain)
Tampa Bay 5 Baltimore 0
Seattle 3 Texas 1
Chicago White Sox 5 Boston 4
Kansas City 10 Minnesota 1
L.A. Angels 4 Oakland 2
Tonight's games
(All times Eastern)
Detroit (Bonderman 8-9) at Baltimore (Guthrie 10-14), 7:05 p.m.
L.A. Angels (Kazmir 9-15) at Texas (Cl.Lee 12-9), 8:05 p.m.
Boston (Lester 19-8) at Chicago White Sox (Danks 14-11), 8:10 p.m.
Tampa Bay (Garza 15-9) at Kansas City (Greinke 9-14), 8:10 p.m.
Toronto (Sh.Hill 1-2) at Minnesota (Liriano 14-9), 8:10 p.m.
Oakland (G.Gonzalez 14-9) at Seattle (Fister 6-13), 10:10 p.m.

NATIONAL LEAGUE

Yesterday's results
St. Louis 4 Pittsburgh 1
L.A. Dodgers 7 Colorado 6
Milwaukee 8 N.Y. Mets 7 (1st game)
Atlanta 5 Florida 1
Philadelphia 7 Washington 1
Houston 2 Cincinnati 0
Milwaukee 3 N.Y. Mets 1 (2nd game)
Chicago Cubs at San Diego
Arizona at San Francisco
Tuesday's results
Washington 2 Philadelphia 1
Atlanta 3 Florida 2
Cincinnati 3 Houston 2
N.Y. Mets 4 Milwaukee 3
Pittsburgh 7 St. Louis 2
L.A. Dodgers 9 Colorado 7
Chicago Cubs 5 San Diego 2
San Francisco 4 Arizona 2
Today's games
(All times Eastern)
Arizona (Enright 6-6) at San Francisco (Bumgarner 6-6), 3:45 p.m.
Chicago Cubs (Gorzelanny 7-9) at San Diego (Garland 14-12), 6:35 p.m.
Houston (Myers 14-7) at Cincinnati (Arroyo 16-10), 7:10 p.m.
Milwaukee (Narveson 11-9) at N.Y. Mets (Gee 2-1), 7:10 p.m.
Pittsburgh (Duke 8-14) at Florida (Volstad 11-9), 7:10 p.m.
Colorado (Hammel 10-8) at St. Louis (C.Carpenter 15-9), 8:15 p.m.

WILD CARD

AMERICAN LEAGUE

	W	L	Pct	GB
NY Yankees	93	64	.592	-

NATIONAL LEAGUE

	W	L	Pct	GB
Atlanta	90	69	.566	-
San Diego	87	70	.554	2.0

AMERICAN LEAGUE

BLUE JAYS 8, YANKEES 4

New York	ab	r	h	bi	Toronto	ab	r	h	bi
Jeter ss	4	1	2	0	Snider lf	5	1	2	2
Swisher rf	5	0	2	0	YEscor ss	4	1	2	0
Teixeir 1b	5	0	1	0	JBautst rf	4	0	0	0
ARdrgz 3b	5	1	1	2	V.Wells cf	4	1	2	0
Cano 2b	4	1	0	0	Overay 1b	3	1	0	0
Thams dh	4	0	1	0	A.Hill 2b	3	2	2	4
Kearns lf	3	1	0	0	Lind dh	4	0	1	0
Cervelli c	3	0	3	1	J.Buck c	4	1	2	1
Golson cf	4	0	1	1	JMcDnl 3b	4	1	1	1
Totals	**37**	**4**	**11**	**4**	**Totals**	**35**	**8**	**12**	**8**

New York	000	003	001	4
Toronto	120	130	10x	8

E—A.Rodriguez (7). DP—New York 2, Toronto 1. LOB—New York 10, Toronto 5. 2B—Teixeira (35), Jo.McDonald (9). HR—A.Rodriguez (30), Snider (13), A.Hill (26), J.Buck (20). SB—V.Wells (6).

	IP	H	R	ER	BB	SO
New York						
Vazquez L,10-10	4 2-3	10	7	7	2	0
Ring	1-3	0	0	0	0	0
D.Robertson	1	1	0	0	0	0
Chamberlain	1	1	1	0	0	2
Mitre	1	0	0	0	0	3
Toronto						
Cecil W,15-7	5 1-3	9	3	3	1	2
Frasor H,14	1 2-3	1	0	0	0	0
Camp	1	0	0	0	1	0
Carlson	0	1	1	1	1	0
Gregg	1	0	0	0	0	0

T—3:05. A—33,143 (49,539) at Toronto.

SOCCER

MLS

EASTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
Columbus	26	13	7	6	35	29	45
New York	26	13	8	5	34	27	44
Kansas City	25	9	10	6	29	30	33
Toronto FC	26	8	11	7	26	31	31
Philadelphia	26	7	13	6	31	43	27
Chicago	24	6	10	8	28	32	26
New England	26	7	14	5	28	45	26
D.C. United	26	5	18	3	18	42	18

WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt
x-Los Angeles	26	15	6	5	38	21	50
x-Real Salt Lake	26	13	4	9	39	17	48
FC Dallas	26	11	2	13	36	22	46
Colorado	26	11	7	8	37	26	41
San Jose	24	11	7	6	28	25	39
Seattle	26	11	9	6	31	29	39
Houston	26	7	14	5	35	45	26
Chivas USA	25	7	14	4	25	34	25

x — clinched playoff berth.
Last night's results
Colorado 4 Philadelphia 1
Chicago at San Jose
Saturday's games
(All times Eastern)
Toronto FC at Seattle, 3:30 p.m.
Houston at Philadelphia, 4 p.m.
San Jose at Columbus, 7:30 p.m.
Real Salt Lake at New England, 7:30 p.m.
Kansas City at New York, 7:30 p.m.
Chicago at FC Dallas, 8:30 p.m.
D.C. United at Colorado, 9 p.m.
Sunday's game
Los Angeles at Chivas USA, 8 p.m.

CHAMPIONS LEAGUE

Yesterday's results
First round
Group A
Inter Milan (Italy) 4 Werder Bremen (Germany) 0
Tottenham (England) 4 Twente (Netherlands) 1
Group B
Hapoel Tel Aviv (Israel) 1 Lyon (France) 3
Schalke (Germany) 2 Benfica (Portugal) 0
Group C
Glasgow Rangers (Scotland) 1 Bursaspor (Turkey) 0
Valencia (Spain) 0 Manchester United (England) 1
Group D
Panathinaikos (Greece) 0 Copenhagen (Denmark) 2
Rubin Kazan (Russia) 1 Barcelona (Spain) 1

NHL

PRE-SEASON

Last night's results
N.Y. Rangers 5 Detroit 1
Nashville 4 Atlanta 3
Philadelphia 3 N.Y. Islanders (ss) 1
Washington 4 Boston 1
Carolina at Florida (ppd., weather threat)
Toronto 4 Ottawa 3
Edmonton 4 Phoenix 3 (SO)
Vancouver at San Jose
At Saskatoon, Saskatchewan
Calgary 3 N.Y. Islanders (ss) 2
Tonight's games
(All times Eastern)
Buffalo at Montreal, 7:30 p.m.
Chicago at St. Louis, 8 p.m.
Columbus at Minnesota, 8 p.m.
Colorado at Dallas, 8:30 p.m.
Tomorrow's games
Atlanta at Carolina, 1:30 p.m.
Toronto at Detroit, 7 p.m.
Buffalo at Philadelphia, 7 p.m.
N.Y. Islanders at New Jersey, 7 p.m.
Ottawa at N.Y. Rangers, 7 p.m.
Columbus at Washington, 7 p.m.
Tampa Bay at Florida, 7:30 p.m.
Pittsburgh at Chicago, 8:30 p.m.
Calgary at Edmonton, 9 p.m.
Vancouver at Anaheim, 10 p.m.

OILERS 4, COYOTES 3 (SO)

First Period
1. Phoenix, Stempniak 1 (Schlemko, Pyatt) 13:09
2. Phoenix, Turris 2 (Prucha, Upshall) 14:08
3. Edmonton, Gagner 1 (Smid, Brule) 16:21 (pp)
Penalties — Paajarvi Edm (high-sticking) 1:28, Schlemko Pho (holding) 4:53, O'Marra Edm (high-sticking) 5:57, Pyatt Pho (roughing), Fiddler Pho, Chorney Edm (fighting) 14:48.
Second Period
4. Edmonton, Giroux 1 (Reddox, Plante) 3:15
Penalties — Plante Edm (holding) 5:18, Pyatt Pho (hooking) 7:39, Turris Pho (hooking) 10:41, Ekman-Larsson Pho (holding) 18:19.
Third Period
5. Edmonton, McDonald 1 (Plante, O'Marra) 7:13
6. Phoenix, Upshall 1 (Prucha) 18:27
Penalties — Morris Pho (hooking) 0:12, Yandle Pho (roughing) 3:59, Upshall Pho (roughing) 8:25.
Overtime — No Scoring.
Penalties — None.
Shootout — (Edmonton wins 2-0)
Phoenix (0) — Turris, miss; Boedker, miss; Edmonton (2) — Gagner, miss; Penner, goal, Hemsky, goal.
Shots on goal by

Phoenix	14	8	9	5—36
Edmonton	10	11	9	0—30

Goal (shots-saves) — Phoenix: Bryzgalov (SOL,2-0-1); Edmonton: Deslauriers (17-15), Gerber (W,1-0-0)(10:41 second)(19-18).
Power plays (goals-chances) — Phoenix: 0-3; Edmonton: 1-7.
Attendance — N.A. (16,839) at Edmonton.

FLAMES 3, ISLANDERS 2

First Period — No Scoring.
Penalties — Moss Cal (interference) 0:43, Schremp NYI (high-sticking) 13:30, Hunter NYI (boarding) 14:47.
Second Period
1. Calgary, Meyer (Pardy) 2:13
2. Calgary, Glencross (White, Giordano) 3:44
3. Calgary, Kotalik, 13:14
4. N.Y. Islanders, de Haan (Schremp, Wisniewski) 15:15 (pp)
Penalties — Peloch Cal (hooking) 13:58, Armstrong Cal (tripping) 17:26.
Third Period
5. N.Y. Islanders, Gillies (Rakhshani, Ullstrom) 3:12
Penalties — Armstrong Cal (hooking) 4:09, Niederreiter NYI (interference) 6:38.
Shots on goal by

N.Y. Islanders	6	10	7	23
Calgary	5	10	11	26

Goal— — N.Y. Islanders: DiPietro (L), Koskinen; Calgary: Kiprusoff (W), Irving. **Power plays (goals-chances)** — N.Y. Islanders: 1-4; Calgary: 0-3.
Attendance — 8,345 at Saskatoon.

NFL

WEEK 4

AMERICAN CONFERENCE

EAST

	W	L	T	Pct	PF	PA
N.Y. Jets	2	1	0	.667	68	47
Miami	2	1	0	.667	52	51
New England	2	1	0	.667	90	82
Buffalo	0	3	0	.000	47	87

SOUTH

	W	L	T	Pct	PF	PA
Houston	2	1	0	.667	77	78
Indianapolis	2	1	0	.667	89	61
Tennessee	2	1	0	.667	78	42
Jacksonville	1	2	0	.333	40	83

NORTH

	W	L	T	Pct	PF	PA
Pittsburgh	3	0	0	1.000	72	33
Cincinnati	2	1	0	.667	59	55
Baltimore	2	1	0	.667	44	41
Cleveland	0	3	0	.000	45	57

WEST

	W	L	T	Pct	PF	PA
Kansas City	3	0	0	1.000	68	38
San Diego	1	2	0	.333	72	61
Denver	1	2	0	.333	61	65
Oakland	1	2	0	.333	52	76

NATIONAL CONFERENCE

EAST

	W	L	T	Pct	PF	PA
Philadelphia	2	1	0	.667	83	62
Washington	1	2	0	.333	56	67
Dallas	1	2	0	.333	54	53
N.Y. Giants	1	2	0	.333	55	85

SOUTH

	W	L	T	Pct	PF	PA
Atlanta	2	1	0	.667	77	46
New Orleans	2	1	0	.667	63	58
Tampa Bay	2	1	0	.667	50	59
Carolina	0	3	0	.000	32	71

NORTH

	W	L	T	Pct	PF	PA
Chicago	3	0	0	1.000	66	51
Green Bay	2	1	0	.667	78	47
Minnesota	1	2	0	.333	43	38
Detroit	0	3	0	.000	56	78

WEST

	W	L	T	Pct	PF	PA
Seattle	2	1	0	.667	72	57
Arizona	2	1	0	.667	48	77
St. Louis	1	2	0	.333	57	49
San Francisco	0	3	0	.000	38	87

Byes: Dallas, Kansas City, Minnesota, Tampa Bay
Sunday's games
Denver at Tennessee, 1 p.m.
Detroit at Green Bay, 1 p.m.
N.Y. Jets at Buffalo, 1 p.m.
Seattle at St. Louis, 1 p.m.
San Francisco at Atlanta, 1 p.m.
Baltimore at Pittsburgh, 1 p.m.
Carolina at New Orleans, 1 p.m.
Cincinnati at Cleveland, 1 p.m.
Houston at Oakland, 4:05 p.m.
Indianapolis at Jacksonville, 4:05 p.m.
Arizona at San Diego, 4:15 p.m.
Washington at Philadelphia, 4:15 p.m.
Chicago at N.Y. Giants, 8:20 p.m.
Monday's game
New England at Miami, 8:30 p.m.

CFL

WEEK 14

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
x-Montreal	12	9	3	0	388	290	18
Hamilton	12	6	6	0	295	318	12
Toronto	12	6	6	0	243	317	12
Winnipeg	12	3	9	0	331	333	6

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Calgary	12	9	3	0	406	274	18
Saskatchewan	12	8	4	0	353	329	16
B.C.	12	4	8	0	308	305	8
Edmonton	12	3	9	0	224	378	6

x — clinched playoff berth.
Tomorrow's game
(All times Eastern)
Montreal at Calgary, 9 p.m.
Saturday's games
Saskatchewan at Toronto, 3 p.m.
Winnipeg at B.C., 10 p.m.
Sunday's game
Hamilton at Edmonton, 4:30 p.m.

TRANSACTIONS

BASEBALL

MLB

LEAGUE OFFICE — Reduced the three-game suspension of Baltimore RHP Alfredo Simon to two games for hitting Toronto OF Jose Bautista with a pitch after both teams were warned during Sunday's game.

BASKETBALL

NBA

LEAGUE OFFICE—Fined Washington owner Ted Leonsis $100,000 for unauthorized public comments regarding the league's collective bargaining negotiations.
GOLDEN STATE WARRIORS—Exercised their third-year contract option on G Stephen Curry for the 2011-12 season.
NEW JERSEY NETS—Waived F Andre Brown.

FOOTBALL

NFL

BALTIMORE RAVENS—Waived DE Trevor Pryce.
BUFFALO BILLS—Signed LB Chris Kelsay to a four-year contract extension through the 2014 season.
CAROLINA PANTHERS—Signed G Chris Morris.
HOUSTON TEXANS—Signed CB Karl Paymah. Waived CB Jamar Wall.
MIAMI DOLPHINS—Signed DL Robert Rose. Waived LB Erik Walden.
NEW YORK JETS—Signed RB Xavier Omon and G Chad Rinehart to the practice squad.

CFL

LEAGUE OFFICE—Fined Winnipeg coach Paul LaPolice $1,000 and DE Phillip Hunt, CB-KR Jovon Johnson and OL Ibrahim Khan undisclosed amounts for publicly criticizing officials following Friday's game against Montreal.

HOCKEY

NHL

BOSTON BRUINS—Assigned F Joe Colborne, F Zach Hamill, F Jeff LoVecchio, F Jeremy Reich, F Wyatt Smith and D Steven Kampfer to Providence (AHL).
CAROLINA HURRRICANES—Assigned F Zach Boychuk to Charlotte (AHL).
COLUMBUS BLUE JACKETS—Assigned F Matt Calvert, F Chad Kolarik, D Steven Delisle, D Cody Goloubef, D Brent Regner, D Theo Ruth, G Daren Machesney to Syracuse (AHL). Placed F Trevor Frischmon and D Jonathan Sigalet on waivers for the purpose of being assigned to Springfield. Returned F Oliver Gabriel to Portland (WHL).
DETROIT RED WINGS—Assigned G Thomas McCollum, D Travis Ehrhardt, D Sergei Kolosov, D Sebastien Piche, D Logan Pyett, F Willie Coetzee, F Ilari Filppula and F Jamie Tardif to Grand Rapids (AHL).
NEW JERSEY DEVILS—Assigned G Jeff Frazee to Albany (AHL). Returned D Eric Gelinas to Chicoutimi (QMJHL). Announced RW Marcus Nilson has returned to Sweden.
OTTAWA SENATORS—Reassigned G Mike Brodeur, G Barry Brust, D Andre Benoit, D Eric Gryba, D Geoff Kinrade, D Craig Schira, F Jason Bailey, F Erik Condra, F Corey Cowick, F Kaspars Daugavins, F David Dziurzynski, F Colin Greening, F Mike Hoffman, F Jim O' Brien, F Tim Spencer and F Roman Wick to Binghamton (AHL).
PITTSBURGH PENGUINS—Assigned F Brett Sterling, F Chris Conner, F Tim Wallace, F Nick Johnson, F Joe Vitale, D Corey Potter, D Steve Wagner, D Robert Bortuzzo, D Brian Strait, G John Curry and G Brad Thiessen to Wilkes-Barre/Scranton (AHL).
WASHINGTON CAPITALS—Recalled G Braden Holtby from Hershey (AHL).

AHL

GRAND RAPIDS GRIFFINS—Signed D Greg Amadio.

NOT JUST *A* CLUB,
IT'S *THE* CLUB.
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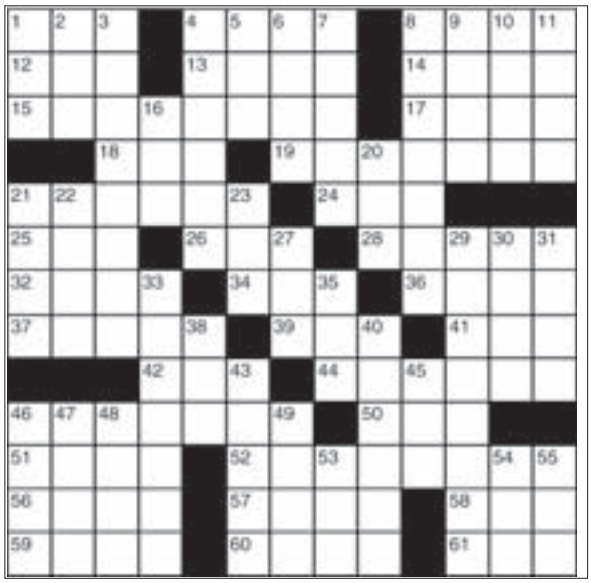
Crossword



Across

1 Kennel call
4 Binges
8 Unkempt one
12 Zodiac feline
13 Out of the storm
14 Gambling game
15 Pigskin
17 2.54 centimeters
18 Three-man vessel?
19 Burn sluggishly
21 Exhibited ennui
24 Singer DiFranco
25 Punk-rock sub-genre
26 Tier
28 Tender
32 Coastal bird
34 Talk on and on
36 Ripped
37 Drew a tattoo?
39 Grand Cherokee, for ex.
41 Inseparable
42 Wahine's gift
44 Pigeon-holed
46 Pretend to sing
50 "Go, team!"
51 Sandwich treat
52 Explana-tory info
56 "— Free"
57 Took the shuttle
58 Torched
59 Responsibility
60 Pinnacle
61 "CSI" evidence

Down

1 TV alien
2 Old Oldsmobile
3 Fancy maneuvering
4 Talk on and on
5 Chicken-king link
6 Solidifies
7 Alabama city
8 Mountaintop access
9 Give for a while
10 Never again?
11 Physicist Niels
16 Large cask
20 Yoko of music
21 Bigfoot's cousin
22 "So be it"
23 Pooch
27 Existed
29 Sturdy place to stand
30 Sea eagle
31 Walter — Army Medical Center
33 1950s sitcom family
35 Clear the tables
38 Susan of "L.A. Law"
40 Whirlpool
43 Farther down the page
45 Scooted
46 Timber wolf
47 Press agent?
48 Indiana city
49 Hen pen
53 Praise in verse
54 Stannum
55 Greek vowel

▶ Yesterday's answer

Sudoku

9	7				8	4		
3			5	2				9
					4	8		
		2		8				7
	1						9	
7				6		2		
		7	4					
5				7	9			1
		4	3				5	6

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

3	9	5	2	8	1	6	4	7
4	7	6	5	9	3	2	1	8
2	1	8	7	6	4	9	5	3
6	3	1	9	2	7	4	8	5
9	8	7	4	3	5	1	6	2
5	2	4	8	1	6	7	3	9
8	5	2	6	4	9	3	7	1
7	6	3	1	5	2	8	9	4
1	4	9	3	7	8	5	2	6

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Carl, I always want to write you love notes because I can't keep all my lovin' inside. Here's another. You're the best! — **ANDY XO!**

To my love, Samantha. It has been almost three years and yet, there is no one else I would rather be with. You complete me. You are my everything. I can't wait to spend the rest of my life with you. **HAPPY ANNIVERSARY! LOVE MIKE**

Danny, my lovey bunny! I adored your kiss for me and I want to spread the love. You are my hunky lovebug and this has been the best month EVER! Wuv you babycakes! — **KAREN**

To Chip: my brown eyed squirrel. You are the love of my life, the Garcia to my Morgan. Living together is the best thing to ever happen to me. Forever Yours. **LOVE, ALEJANDRO XOXO**

A look at the weather

TODAY	FRIDAY	SATURDAY
Min 4° Max 18°	Min 5° Max 19°	Min 5° Max 22°

Andrew Schultz, Meteorologist
BT BREAKFAST TELEVISION

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". **WEEKDAYS 6AM**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 Why are you so upset that you made a mistake? Everyone gets it wrong occasionally, even an Aries, so stop beating yourself up about it and move on to the next thing.

♉ Taurus April 21-May 21 You may not see eye-to-eye with someone you work or do business with but what happens over the next 24 hours will help you understand why they think and act in certain ways..

♊ Gemini May 22-June 21 Because your opinions are so respected others seek you out to learn why certain things are taking place. But you cannot possibly know it all and what happens today may baffle you completely.

♋ Cancer June 22-July 22 Stick with what you know and trust. If you chop and change today you will most likely commit the kind of silly mistake you quite rightly laugh at others for making.

♌ Leo July 23-Aug.23 You will feel a powerful urge to let your instincts guide you, even though the direction they are pointing you in may be one you know next to nothing about. Don't fight it – go with it.

♍ Virgo Aug. 24- Sept. 22 You have a duty to tell it like you see it, even though you know that not everyone will appreciate your candor. Who is that duty to? It is to yourself and it is to the universe as a whole.

♎ Libra Sept. 23-Oct. 23 Attitude is everything now. If you are positive in your thinking and allow only loving and constructive emotions a place in your heart there really is nothing you cannot accomplish.

♏ Scorpio Oct. 24-Nov. 22 You have made more than enough concessions and cannot afford to indulge a friend's unreasonable demands any longer.

♐ Sagittarius Nov. 23-Dec. 21 Something that once was such a struggle is at last coming easy and you are right to make the most of the situation. But you must also take the time and make the effort to find out why it is going so well.

♑ Capricorn Dec. 22-Jan. 20 To make the most of your talents you need to bring other people in on your plans and let them help you find new ways to your goals. Not even a Capricorn can do it all on their own.

♒ Aquarius Jan. 21-Feb. 18 Do you believe in yourself? Not just a little bit but totally, absolutely, irrevocably? Most likely you still have a few doubts but you can overcome them today.

♓ Pisces Feb. 19-March 20 Some of the things that have been going on in your neighborhood have been strange to say the least, but none of it concerns you directly so don't get involved.

SALLY BROMPTON

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